

I Am Another You A Journey To Powerful Breakthroughs Priya Kumar

Brain on Fire meets Carry On, Warrior in this inspirational memoir and “testament to the things that break us, heal us, and make us who we are” (Glennon Doyle, #1 New York Times bestselling author) that explores one woman’s journey from chronic pain and hopelessness to finding joy, redemption, and healing. At seventeen years old, Ruthie Lindsey is hit by an ambulance near her home in rural Louisiana. She’s given a five percent chance of survival and one percent chance of walking again. One month later after a spinal fusion surgery, Ruthie defies the odds, leaving the hospital on her own two feet. Just a few years later, newly married and living in Nashville, Ruthie begins to experience debilitating pain. Her case confounds doctors and after numerous rounds of testing, imaging, and treatment, they prescribe narcotic painkillers—lots of them. Ruthie has become bedridden, dependent on painkillers, and hopeless, when an X-ray reveals that the wire used to fuse her spine is piercing her brain stem. Without another staggeringly expensive experimental surgery, she could well become paralyzed, but in many ways, she already is. Ruthie goes into the

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hospital in chronic pain, dependent on prescription painkillers, and leaves the same way. She can still walk but has no idea where she's going. As her life unravels, Ruthie returns home to Louisiana and sets out on a journey to learn joy again. She trades fentanyl for sunsets and morphine for wildflowers, weaning herself off of the drugs and beginning the process of healing—of coming home to her body. Raw and redemptive, *There I Am* is not just about the magic of optimism, but the work of it. Ruthie's extraordinary memoir "like going on a walk with a best friend and listening to a life-changing speech at the same time: it's equal parts familiar and profound, warm and insightful, comforting and challenging, relatable and unlike anything you've read before" (Mari Andrew, New York Times bestselling author).

NOW A MAJOR MOTION PICTURE STARRING JULIETTE BINOCHE This psychological thriller dissects online relationships, offering a stunning indictment of the way society perceives women in contrast to men when age comes into play. This is the story of Claire Millecam, a forty-eight-year-old teacher and divorcée who creates a fake social media profile to keep tabs on Joe, her occasional, elusive, and inconstant lover. Under the false identity of Claire Antunes, a young and beautiful twenty-four-year-old, she starts a correspondence with Chris—pseudonym KissChris—which soon turns into an

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Internet love affair. A Dangerous Liaisons for our times, Who You Think I Am exposes the disconnect between fantasy and reality. Social media allows us to put ourselves on display, to indulge in secrets, but above all to lie, to recreate a life, to become our own fiction—magnifying and manipulating the double standards to which older women are held when they refuse to give up on desire. Simultaneously sensual, intellectually stimulating, and utterly relevant, this page-turner will stick in your mind long after reading.

The second collection of poems by Randy Darris (2010 - 2011)

Alice in Wonderland (also known as Alice's Adventures in Wonderland), from 1865, is the peculiar and imaginative tale of a girl who falls down a rabbit-hole into a bizarre world of eccentric and unusual creatures. Lewis Carroll's prominent example of the genre of "literary nonsense" has endured in popularity with its clever way of playing with logic and a narrative structure that has influenced generations of fiction writing.

Reveals the Mayan calendar to be a spiritual device that describes the evolution of human consciousness from ancient times into the future • Shows the connection between cosmic evolution and actual human history • Provides a new science of time that explains why time not only seems to be speeding up in the modern world but is actually getting faster • Explains how the end of the Mayan

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calendar is not the end of the world, but a path toward enlightenment The prophetic Mayan calendar is not keyed to the movement of planetary bodies. Instead, it functions as a metaphysical map of the evolution of consciousness and records how spiritual time flows--providing a new science of time. The calendar is associated with nine creation cycles, which represent nine levels of consciousness or Underworlds on the Mayan cosmic pyramid. Through empirical research Calleman shows how this pyramidal structure of the development of consciousness can explain things as disparate as the common origin of world religions and the modern complaint that time seems to be moving faster. Time, in fact, is speeding up as we transition from the materialist Planetary Underworld of time that governs us today to a new and higher frequency of consciousness--the Galactic Underworld--in preparation for the final Universal level of conscious enlightenment. Calleman reveals how the Mayan calendar is a spiritual device that enables a greater understanding of the nature of conscious evolution throughout human history and the concrete steps we can take to align ourselves with this growth toward enlightenment.

Warning: Don't read if your heart is weak! A vigilante uses an ingenious new method to end homelessness in a coveted beach city. The mission focuses not on the homeless, but on those who are unsympathetic to their plight. Carefully-

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targeted fear cures public apathy toward the impoverished. The city's terrified citizens flaunt the Golden Rule in a desperate attempt to avoid the vigilante's wrath.

A song book that highlights that inside everyone there is a perfect and loving heart, and that if we uncover our perfection and recognise it in others we can change the world for the better. The song takes you through the personal journey of a little monster who discovers his self worth is not defined by his physical characteristics or by the definitions placed on him by others, but by how he allows his light and love to shine. Once he understands his own value he is able to see the perfection in others even when they are hurtful. He then goes on to show that if we all recognised the perfection in each other and acted from a place of love we can change the world to a better place. "Let us live the perfection that we are and uncover ourselves to shine like a star. Our potential never stops to spread love on this earth, it is why we are here, it is the reason for our birth."

An inspirational and handy book of consciousness and love. Bring it with you on your daily journey for happiness everywhere you go.

World-renowned spiritual teacher, healer, and clairvoyant, Michael J. Tamura shares his wisdom in this inspirational guide to true spiritual empowerment.

Hailed as a "beautiful manual for living" by Echo Bodine, You Are the Answer

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brings us profound spiritual lessons, highlighted by the author's powerful true stories. Discover how to use your intuition, make room for spirit in your life, and respond--instead of react--to everyday experiences. As you build a temple of the soul, you'll learn to recognize truth, create miracles in your own life, and find your purpose for living! This insightful and moving guide also features a "spiritual toolkit" of daily practices and exercises to help you on your extraordinary journey in consciousness exploration, healing, and spiritual development. "Reading this book is such an experience and, once you read it, you will want to read it again. Don't miss this opportunity." --James Van Praagh, author of the New York Times bestselling book Talking to Heaven "Michael J. Tamura offers a road into the deepest recesses of the soul, and his teachings shed light onto often misunderstood spiritual concepts." --James Twyman, author of Emissary of Light and Emissary of Love

Another day another drama as the saga continues. Asia Harrington had no idea of what she was getting into when she got with a married business owner name, Bryce Fowler. But, she soon will learn the hard way like most side chicks do. Bryce didn't exactly get away unscathed and now he's reaping from the poisonous seeds that he has sowed. Shay has been losing so long that she just might win. Annalise is on her India Arie and ready for love, but can Ashley say

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the same? Sierra thought she would get her happy ending but will it be with the one she first gave her heart too? Watch the drama unfold when what happened last night turns into what's happening now?

The True Destiny of a Young Woman and a Young Man covers three time periods. The first came eons ago when there was a terrible war. This was when Hannah and Angelo first fall in love with each other. In the second time period, Hannah is a colonist in the late 1600s. She belongs to a coven that has its roots in England, and is judged to be a witch after a close friend is killed. She was married to her husband Angel when she was burned at the stake. The last time period is set in the future. Hannah Spirit is a high school student whose parents were murdered and her brother was killed by a drunk driver. She has strange dreams about times long past. And then war comes to planet Earth .

A teenage boy uncovers a horrific family secret. A widower seeks vengeance on the creatures that killed his wife. A drug addled writer stalks the woman of his dreams, a woman much more sinister than she appears. A federal agent races to find the cursed relic powering this city full of spooks, spirits, and serial killers. The lives of these and others will collide in the dark and dangerous streets of Adderlass. A seed of evil was planted under Adderlass, a city where monsters hide behind masks of humanity and ordinary people shuffle anesthetized and

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addicted by the sickly supernatural power wafting up from below. The city was built over the crystalline skull of a bloodthirsty beast. Now, the hunt is on for this lost treasure and whoever finds it first will control the fate not only of Adderlass but of the entire world. Sixteen-year-old Simon Cubbins, young and naive, may be the key to unlocking the mystery buried in this twisted labyrinth of hidden agendas. He also unknowingly harbors a secret that could destroy the Cubbins bloodline. As different characters fight for control over Simon, he will have to decide whether or not to carry on his family's legacy.

FRIGHTENED MONSTERS. STOLEN TIME. AND ONE SERIOUSLY UNDERESTIMATED DAMSEL. Katie ran from the magical world years ago. She never planned on being dragged back in by a prophesying clamshell. The seers believe she alone can prevent an apocalypse of ruined time and broken worlds. Bran the Crow King believes she can save him from his cannibalistic grandfather. Katie believes they're all nuts. One thing is for certain: she's not waiting around for help. Operation Katie Saves her Own Damn Self is officially on.

Archaeologist Laura Shepherd goes on a quest to solve the mystery behind a crystal skull found in the hand of a dead colleague.

When told "Luca, you're growing like a weed!", 2 year old Luca responds "I'm not a weed, I'm Luca". Journey with Luca as she discovers herself among all of her

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silly family's comparisons.

License to Live is an inspirational thriller. It is a seeker's journey towards finding greatness within. This wonderfully crafted fable is about finding the direction you are destined to head in and creating the life of your dreams. License to Live tells the tale of a successful corporate guru who enrolls herself in a seminar by one of the finest success coaches in the world. His radical training methods take her on a life-changing odyssey. A seven day seminar spread over three countries, puts her onto a journey where she is forced to look within and be her own teacher and guide, something she had done so well for others but missed doing for herself. Full of wisdom, wit and spiritual insights, you collect lessons that will change the way you lead your life forever. Discover within this fast paced fable :

- Surviving people you don't understand
- Solving situations you seem to have no control over
- Finding greatness in your daily choices
- Listening to your own voice, following your own path
- Taking responsibility of your life and creating a worthwhile mission
- Creating a future without fear and doubt entering it
- Putting your past behind and standing tall in the present
- Living in the present and creating your life anew one moment at a time
- Putting an end to your fake helplessness.

"I know I'm not a man . . . and I've come to the conclusion that I'm probably not a woman, either. . . . The trouble is, we're living in a world that insists we be

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one or the other.” With these words, Kate Bornstein ushers readers on a funny, fearless, and wonderfully scenic journey across the terrains of gender and identity. On one level, *Gender Outlaw* details Bornstein’s transformation from heterosexual male to lesbian woman, from a one-time IBM salesperson to a playwright and performance artist. But this particular coming-of-age story is also a provocative investigation into our notions of male and female, from a self-described nonbinary transfeminine diesel femme dyke who never stops questioning our cultural assumptions. *Gender Outlaw* was decades ahead of its time when it was first published in 1994. Now, some twenty-odd years later, this book stands as both a classic and a still-revolutionary work—one that continues to push us gently but profoundly to the furthest borders of the gender frontier. In every trial or tribulation, there is an opportunity that can bring us closer to God and to our goals when we allow God to take control. *God, Take Over; I Am Finished* is a cry for mercy and divine intervention when suffering seems unfair and you realize that no one else can help you. A dry valley and wilderness experience story, based on the author's tribulations and triumphs as she struggled, willingly and sometimes unwillingly, to submit to God's will. It reveals how she passed through the storm and survived and what she gained out of the pains she had to endure. Its principal message lies in the realization and fact that

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where human senses, strength, power, abilities, knowledge, and intelligence end, God's supremacy begins. By applying her experiences and the Word of God, Catherine Agada shows you how to discover divine strength in weakness; peace in chaos, and His love in suffering. She inspires and teaches you to love better, live happier, forgive faster, pray efficiently, and increase faith. God, Take Over; I Am Finished can restore hope and improve your relationships with God and man. For years, Bailey's life has revolved around his adoration for Lock. The young shifter abandoned all his old hobbies and friends in order to worship the gorgeous rock star. Other people laugh off his theories about the seductive singer being in the closet, but Bailey is a hundred percent sure that it's true. When he doesn't manage to get tickets to Lock's latest concert, the omega fanboy comes up with a better plan. He'll wait outside and get Lock to autograph his back, then get the signature tattooed. Nothing could possibly go wrong. Lock Claybourne doesn't usually pop boners while making his way through crowds of screaming fans. He's strangely attracted to the boy outside his show - and not just because of the bold request that he makes. The electric hum that crackles between them is too intense to be imaginary. Lock needs to see this particular fan again, even if he can't explain why. But loving Bailey doesn't fit with Lock's bad boy image... and not everyone profiting from his success wants what's best

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for him. (Omega Groupie is Book 6 of the Fated Date Agency series. It also stands alone as a complete 200-page gay shifter mpreg romance novel.

Guaranteed HEA ending with no cliffhangers!)

Awards: I Will Go With You – The Final Call is the winner of 2 International Awards. Synopsis: What happens when a pilot entrusted with the lives of hundreds of passengers loses his mind and decides that "life is not worth it" and chooses to end his life, taking all the passengers and crew with him? The 300 passengers boarding the flight SL502 from Dubai to New York believe like the rest of us, that flying is the safest mode of travel. They haven't the faintest clue that the pilot in the drivers seat has decided to end his life mid-air by committing suicide. Well not every passenger is unaware of impending danger. There is in the flight an astrologer humouring his fellow passengers with some predictions when he realizes that there is something deadly in common with all these predictions..... Come aboard a suspense filled drama of life and death woven by master storyteller Priya Kumar as she takes you on a ride that you will never forget. About the Author Priya Kumar is an Internationally Acclaimed Motivational Speaker and Bestselling Author of 12 Inspirational Books. In her 25 years journey with Motivational Speaking, she has worked with over 2000 Multi-National Corporates across 47 countries and has touched over 3 million people

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through her workshops and books, and is the only Woman Speaker in India to have done so. She is the only Indian Author who has won 37 International Awards for her books.

What would you do if you were told you had to move to Alaska for the next three years? What would you say to a moose who wandered into your backyard? How far would you chase your runaway dog in -65 below weather? Have you ever used a plaid sports jacket as drapery to block out the bright midnight sun? If you are bowling and an earthquake knocks down all your pins, does it count as a strike? _____ Alas! Alaska is not the usual thrilling true-adventure narrative associated with the wilderness of our forty-ninth state. It does not concern itself with scaling mountains, stalking bear, catching upstream salmon, or flying with bush pilots into uncharted regions. My story is less wilderness survival and more real life survival. How could our family be uprooted from our comfortable Virginia home and live in an igloo in Alaska? There is no question that people are interested in reading about Alaska. But this story is different. Compiled from actual letters mailed to friends back home, Alas! Alaska is a unique book about an Air Force family's three-year tour in Alaska, written from the point of view of a more than slightly reluctant Air Force wife whose heel marks from coast to coast are still visible. It is zany, irreverent, and

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true. In addition to painting an accurate picture of life in the Great North, it will make you laugh out loud. Chapter One starts with our arrival in Anchorage with its accompanying first impressions, mostly disagreeable, from the inadequate housing accommodations to the introductions of our alcoholic yet friendly neighbors. You will discover the unforgettable characters and unusual customs - first-hand observations of natural phenomena such as the Midnight Sun, pitch-dark wintry days and sunlit summer nights; earthquakes and tremors; mountains and glaciers; subzero temperatures; and the Northern Lights. Gradually, I, the unwilling housewife, grudgingly accept the fact that I am snowbound for three years and adopt the "if you can't beat 'em join 'em" attitude. Now, snowmobile outings, sledding parties at twenty below, and camping trips during a monsoon were my new norm. Meanwhile, my husband, a Captain who has convinced himself that he is a Brigadier General, is bungling his way through Arctic Survival, or "Cool School," and fighting the enemy - the inevitable military red tape. Only our three sons seem capable of adjusting, as they insist on viewing everything with excitement from the State Fair with its 60 lb. cabbages to Fur Rendezvous, the winter carnival whose main attraction is not the animal pelts but the unshaven fur-faced prospectors. Each of the eight chapters delves further into our family's misadventures, from avoiding clashes with knife-wielding neighbors to chasing

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moose and playing Bingo with the Eskimos. Alas! Alaska is not only informative, but more fun than eating hot mooseburgers at the ex-governor's rained-out picnic. Sooner or later it will tickle your funny bone like a walrus' whiskers." This book is the core textbook of a quantum science of acting on stage and in life. At a time when the arts and sciences converge more than ever, PAD speaks about a contemporary, tangible meta-physics, fusing theories of quantum physics with mindfulness and the famous Method of the Actors' Studio, in a new harmony. Konstantin Stanislavski had said that the actor of the future, a new actor in the new life, is the one for whom art springs from spiritual intuition. He used the word SupraConscious, indicating to the actor the levels of consciousness he needed to attain. He considered the art of theater as the spiritual path to wholeness. PAD is the new system of translating and decoding, frame by frame the experience, bringing us in touch with the Higher Self, by reference to Nietzsche's Super-human and the transcendental Kazantzakis, creating a new transitional space where everything is in motion and evolves in the face of inertia, continuously actualizing that Alma-Quantum Leap of being. Maria Olon has written SupraConscious, The Genius Within You, a very important book. Cultivation of witnessing awareness in method acting can awaken us to the fundamental reality of existence beyond the roles we play. This

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is meditation in action. Bravo -Deepak Chopra MD SupraConscious, The Genius Within You is the first acting metatheatre text. Maria Olon not only goes beyond art to find the source of art, she ultimately shines light on the essence of the human soul. -Coni Ciongoli Koepfinger, Playwright, Librettist, Director PAD is the foundation on which every acting method needs to rest in order to flourish. -Menas Kafatos, Astrophysicist, Dhapman University, NASA Goddard Space Flight Center Researches such as Maria Olon through PAD learning process, aim to bring a significant change in the education of the artist and ultimately the viewer, all of us indeed, shaping the man of the new 21st century's culture that humanity is so much in need nowadays. -Rania Lampou, STEM instructor Humanity's greatest story ever told is the "Story of Immortality." This story explains that every human being is an actor in the collective drama of life. Each one's script is unique to the part he/she plays. Maria Olon captures this concept beautifully in her work. The foundation of life is about flourishing at all levels, spiritual, mental, emotional, relational, and physical. This book is a life's manual on how to achieve this through our unique script, unique parts, and unique roles. The world needs a new story and humanity needs a new script. -Gayatri Naraine, Brahma Kumaris Representative to the United Nations Maria Olon's work upholds a Socratic attitude in life: fall as little as you can in the black holes of

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your high certainties, accepting the selfishness and vulgarity of human existence, not demanding, begging, accepting, condescending and ultimately be sympathetic, with healthy kindness and intelligence, with brilliant honesty, integrity, respect, gratitude. Maria Olon is not a common human being. -Angel Biri, Actor

When Edy Phelps falls hard for her best friend, she knows nothing can come from it. Forget actual chemistry, or the fact that she cherishes his mother more than her own; centuries of tradition say that Hassan Pradhan will grow up, marry the girl his parents select, and think nothing of his best friend: the dancer with the bursting smile. Except he can't. He won't. In a world erupting with possibilities for the boy with a body of steel and dreams of the NFL, everything seems promised while nothing at all is; when he's denied the girl he wants most. Two hearts. Two families devoted through generations of friendship. Could Edy and Hassan really risk all that? And yet ... how could they not?

Awards: I Am Another You is the winner of 6 International Awards. Synopsis: You start this journey with Priya, the author, many years ago, trying to escape from a world that did not feel right. You travel with her to the Netherlands, where she participates in some amazing processes with natives who help her realize that the place where wrong is "rightened" is within. There is nothing wrong with the

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outside world if we sort out the world inside. Each chapter opens to a new surprise, leading to a new realization about yourself. Every page is an honest narration of struggle, overcoming and victory. The experiences are followed up with learnings carefully extracted from real life, which can be applied – professionally and personally, to achieve a better life. A book of many lessons, many insights and many truths, it has the power to awaken you to your best self. This book will urge you to take that path you always was right never had the courage to follow. It will guide you, humour you, inspire you, touch you and above all lead you to – your own breakthroughs. About the Author Priya Kumar is an Internationally Acclaimed Motivational Speaker and Bestselling Author of 12 Inspirational Books. In her 25 years journey with Motivational Speaking, she has worked with over 2000 Multi-National Corporates across 47 countries and has touched over 3 million people through her workshops and books, and is the only Woman Speaker in India to have done so. She is the only Indian Author who has won 37 International Awards for her books.

Ride the hilarious roller coaster with Glen Stanford as he follows Steve Scott's plan in "How to Write a Nonfiction e-Book in 21 Days " Not one to let the writing process cramp his style, this ukulele-playing bluegrass-singing YouTube sensation (32 views and counting) juggles his new-found fame with astonishing persistence to produce not one, but two works of genius. This is

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the true story. The (secret) recipe for success: Writer's buzz - 1oz Sleepless nights - 2oz Tenacity (and beer) - 7 (units left deliberately vague) Irreverence and political incorrectness - to taste Espresso - administered intravenously - 55 gal Pizza (1/2 pepperoni, 1/2 mushroom) - 37 slices Humility - a whole bunch Blend and enjoy.

Amish fiction: Part II of the "Rebecca" trilogy begins where Part I, Rebecca at the Beach, leaves off. This is the story of what happens when two young adults, one Amish, the other not, meet in the sand and surf of Florida's only Plain community.

Awaken Your Soul ARE YOU A MONEY MAGNET? HOW DO YOU REACT TO ADVERSITIES? DO YOU FEEL SOME PEOPLE ARE LUCKIER THAN YOU? Some of us believe that our fates are written in our stars—predestined and unchangeable. But it is possible to take charge of our own lives. For years, experts have been talking about the power of the human mind—helping us realize the boundless energy that lies untapped, until we set it free. You only have to believe! This book will not have all the answers to your problems, nor is it a guide to lead you to some “promised land”. But it will awaken the unlimited power within you, a resource you can access anytime. With this power, you can shape your future. Within these pages you will learn to craft your own success story with the help of anecdotes from the author’s own life and those around her, and also to navigate difficult situations with ease. This is a book to remind you of something very important: The Magic in You! DEEPA RAJANI is a mother to two lovely daughters and an entrepreneur. A few roller-coaster life challenges compelled her to journey inwards, leading her to discover books, mentors and alternative healing. This journey also triggered her to pen her first book, The Magic in You.

When Ella Longfield overhears two attractive young men flirting with teenage girls on a train,

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she thinks nothing of it. The next day, she wakes up to the news that one of the girls - beautiful, green-eyed Anna Ballard - has disappeared. A year later, Anna is still missing. Ella is wracked with guilt over what she failed to do, and she's not the only one who can't forget. As her son grows up from little boy to adult man, a mother secretly rocks him each night as he sleeps.

Sy Middleton, a teenager living in Manhattan, enters a secret world when he is initiated into Earth-tribe and becomes a Tribesman. In the Middle Realm, Tribesmen from Earth-, Fire-, Air- and Water-tribe train to enhance their powers and compete in monthly Lunar Festivals. The Zodiac Council has protected the Lower and Middle Realms from the Darkforce for thousands of years, but the balance of power has shifted, placing humanity at risk. The Darkforce has stolen the Book of Dreams. Sy and his friend Joshua Ryderson embark on a quest to find it...

"The breathtaking scope, complexity and theatrics of this scam and these con men rivals any Hollywood movie."--Kamala Harris, Attorney General for the State of California
Join International Best Selling Author, Sherrie Lueder and her literary team, Dawn Taarud-Martinez and Kim Hansen, along with Tyson Wrench--a former friend, now victim, of the con men as they untangle the threads of this decade long crime spree filled with twists, turns and jaw-dropping revelations. With a cast of characters drawn from San Francisco's Castro District, follow the "Dark Prince" and "the Boiz" as they take you from one con to the next--until a single brazen act leads to murder. However, the story doesn't end there. Prepare to experience the dramatic courtroom trials that no one predicted and the shocking ending that no one expected--not even the judge. "Until Someone Gets Hurt" contains exclusive insight into the methods and actions of the murderers--as told by a "former driver" Dennis Domine. As seen on

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truTV.com's Crime Library "Notorious Murderers-Timeless Classics" - "Kaushal Niroula and the Gay Grifters" and Investigation Discovery's New Series "Forbidden" (Series 1 Episode 9) "Prince of Darkness", a documentary about Kaushal Niroula (Includes appearances and interviews with authors Sherrie Lueder and Tyson Wrench.) ~~~~~ Characters: Kaushal Niroula, a/k/a the "Dark Prince", Daniel Garcia, David Replogle, Miguel Bustamante, Craig McCarthy, Russell Manning, Clifford Lambert, Tyson Wrench, Dennis Domine, Thomas White
UPDATE: Thomas White died in a Mexican hospital Tuesday, September 10, 2013 of pneumonia.

In Stop Sabotaging Your Life: 3 Steps To Your Full Potential, acclaimed life coach Bruno LoGreco shares his simple path to achieving healthy mental and emotional independence. How many times have you caught yourself thinking something like this?: I'm not enough—good enough...smart enough...good looking enough...successful enough.... LoGreco says we sabotage our lives by focusing too much on being what others want us to be and do, and not spending enough time listening to our own hearts and minds. Some people try to find self-acceptance and contentment through counseling, but end up trapped on the therapy treadmill. Others try to go it alone, but still end up in a tiresome process of navel-gazing that never leads to personal fulfillment. LoGreco offers a three-step plan to help you reach your own potential: self-awareness (recognize what you have been doing, and why); rebuilding values (learn a different way to do things); and reach your full potential (identify opportunities and set meaningful goals). You will learn to leverage your strengths to stop chasing illusions and work toward achieving your dreams. LoGreco doesn't claim his book will cure everything that ails you. As he says, "There is no secret formula, no magic pill that will make you happy, productive, and

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successful. You must challenge your beliefs and take back control of your choices. Don't just think outside the box—break out of it altogether.”What clients and readers are saying about life coach, mentor, and motivational speaker Bruno LoGreco:“As a divorced mother of three, I've encountered many obstacles, mostly personal ones within myself. I wondered why I kept repeating the same patterns with the men I was dating and why it always ended badly, usually with me being hurt, and questioned what 'I' was doing wrong. Bruno taught me how to love myself again, how to respect myself and above all else, BELIEVE in myself.... Bruno saved me from my self-destructive patterns. Without his help, I wouldn't be the confident woman I am today. I am a better mother for that.”— Cristina“The world is filled with very successful executives who for decades focus every waking minute on professional accolades and professional development [only to] realize they haven't take the time out to focus on personal development in terms of a better balance in life, being in touch with their spiritual side and inner self, and even the fun side of life. That would describe me in the past.... I came across Bruno, and I knew he was the man. His personality exudes authenticity and geniality. The man simply knows his stuff, has this uncanny ability to read between the lines, and zero in instantly on underlying triggers. His structured approach steers you to address issues head on; challenges you to challenge yourself; opens your mind; helps you understand behaviors, experiences and patterns; gets you in touch with yourself; fuels a sense of purpose and passion; and escorts you to chart a new course to life. He never judges, but relentlessly encourages and empowers you. He's truly a brilliant, genuine and a humane person with an infectious enthusiasm to make you seize your inborn potential.” —Adrian“If I had to sum up my experience with Bruno in one word, it would be 'awakened.' Bruno helped me see life from a

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different perspective, which is what I needed, but most importantly, he showed me how to do that myself without being dependent on him.... Bruno got me to step outside of my comfort zone and do things I normally wouldn't have done otherwise, which is undoubtedly the key to growth.” —Blaine

I AM ANOTHER YOU is a story of breakthroughs. Powerful, Life changing breakthroughs !! You start this journey with the author, years ago, trying to escape from a world that did not feel right. You travel with her in this magical journey to the Netherlands where she learns the greatest lessons of her life by taking part in some amazing processes in the tradition of the ancient spiritual masters and healers who help her realize that the only place where wrong is 'rightened' is within. There is nothing wrong with the world outside if we sort out the world inside. There are some stories that everyone relates to, because they involve you through thoughts and feelings that are universal. This is such a story. A life purpose for example, is something each of us is looking for. A desire to achieve more from life and live at a higher self, is something everyone wants. A spiritual inclination to seek deeper, beyond material fulfillment, each of us pursues sooner or later. There are numerous places in the book where you find yourself stopping, drawing parallels to your own life and finding answers.

Hairnigans. Friendship. Big Dreams. The previously scheduled life Maya

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Hatton planned has been interrupted for an emergency broadcast announcement. A news station manager threatens to destroy over twenty years of brand and image building with a new contract from hell. Her husband Roddreccus moved into the rental property and refuses to move home without explanation. Instead of finding confidence, fun, and freedom as she enters her mid-fifties she's faced with crises. Fans believed she had it all together but her dream team lost a member, a villain hijacked her fairy tale marriage and now she needs to remember how to be the Maya everyone thinks she is or lose the best thing she ever had. Natural Sistahs series is written by an African American author whose chosen her natural hair since 1998. While one of many indie published black authors she considers her books appropriate for the women's fiction category though most would be shelved in the black fiction, black books, African American women's fiction, or black women's fiction section in most physical bookstores.

DON'T MISS BRIDGE OF CLAY, MARKUS ZUSAK'S FIRST NOVEL SINCE THE BOOK THIEF AND AN UNFORGETTABLE AND SWEEPING FAMILY SAGA. From the author of the extraordinary #1 New York Times bestseller *The Book Thief*, *I Am the Messenger* is an acclaimed novel filled with laughter, fists, and love. A **MICHAEL L. PRINTZ HONOR BOOK FIVE STARRED REVIEWS Ed**

