

International Journal Of Clinical Acupuncture Volume 17

As CAM becomes widely accepted, rehabilitation professionals are incorporating CAM concepts and techniques into their own practice. This book will help them to gain an understanding of the field, and to acquire specific knowledge and skills which they can apply to the treatment of movement related disorders.

Worldwide, liver fibrosis is a major cause of morbidity and mortality and is associated with a high medical and economic burden. It is the common consequence of chronic liver injury due to various etiologies. During fibrogenesis, there is a progressive substitution of the liver parenchyma by scar tissue. Recent advances in the understanding of the history of liver fibrosis have shown that the pathogenesis is driven by different cell types and a large variety of soluble mediators. At present, scientists working in this field aim to increase basic knowledge, improve diagnostics, and try to translate experimental findings into new treatment modalities. This book includes 12 selected contributions from the Special Issue "Cellular and Molecular Mechanisms Underlying the Pathogenesis of Hepatic Fibrosis" that was published in *Cells*. These articles summarize current perspectives and findings in hepatic fibrosis research showing how scientists try to use basic scientific research to create new therapies and diagnostics.

This groundbreaking book explains how to tap into your body's energy not only to change your health, but to change your behaviors and thought patterns as well. Your body is comprised of energy pathways and energy centers that are in constant motion, a dynamic interplay with other energies and with your cells, organs, immune system, mood, and thoughts. If you can shift these energies, you can influence your physical health, your emotional patterns, and your state of mind. *The Promise of Energy Psychology* gives simple step-by-step instructions that will help you to: - overcome fear, guilt, shame, jealousy, or anger - change unwanted habits and behaviors - enhance your ability to love, succeed, and enjoy life The energy approach presented in this book can help bring about significant change in your life. With this strategy, stubborn phobias often fade in minutes; the lifelong effects of an early trauma can frequently be reduced or completely eliminated; uncontrollable anger can rapidly become manageable; even elusive physical problems may respond where other treatments have failed. *The Promise of Energy Psychology* is an amazing tool that puts the ability to effect change directly into your hands, and finally gives you control over your fears, pain, and destructive behaviors.

A categorized listing of Web sites related to Chinese medicine, with a brief description of each sites content.

The therapy of acupuncture has a long history. In its 2500 years of development a wealth of experience has been accumulated attesting to the wide range of diseases and conditions that can effectively be treated with its approach. In the past two decades there have been extensive studies on acupuncture and great

efforts have been undertaken to conduct controlled clinical trials including the use of sham acupuncture or placebo acupuncture controls. This document is a brief review of the current literature on acupuncture practice which may provide information about the effectiveness of different aspects of acupuncture therapy. Since the methodology of clinical research on acupuncture is still under debate it is very difficult to evaluate acupuncture practice by any generally accepted measure. In this publication only the results of controlled clinical trials that were formally published through the year 1998 (and early 1999 for some journals) are collected and reviewed so that the conclusions may be generally accepted. In order to promote the appropriate use of acupuncture in those Member States where acupuncture has not been widely used this document is annexed with a brief abstract of each relevant reference for the assessment of acupuncture practice. The clinical conditions covered in the existing data are also included. It must be emphasized that the list of diseases symptoms or conditions covered in the publication is based on collected reports of clinical trials and so can serve only as a reference. Only national health authorities can determine the diseases symptoms and conditions for which acupuncture treatment can be recommended.

This book provides a clear and accessible overview of the theoretical foundation of electroacupuncture (EA), together with experimental and clinical evidence of the usefulness of EA in its various forms. It also serves as a manual for the effective clinical practice of EA, with a number of illustrative case histories. It serves as an excellent background to the subject, covering all the key information a beginner practitioner would need to know, as well as exploring avenues for advanced practice.

This book is a practical guide to tools, skills, and techniques common to all acupuncture practice with emphasis on those that are uniquely or creatively Japanese. It is clear, direct, and completely illustrated with high-resolution close-up photography. The instructions are simple and concise so that they may be easily applied to the practice of any acupuncture tradition. Features: * Covers traditional needle techniques - filiform needling, supplementation and drainage, and needle with moxa, all with several approaches * Moxibustion is covered in detail, as are instruments, intradermal needles, press tack needles and spheres * Describes in detail highly specialised Japanese techniques such as shonishinpo (treatment techniques for children), Hiratazone therapy and Manaka wooden hammer and needle, as well as techniques such as cupping which are used throughout Asia * Introduction covers modern Japanese training and practice, including a highly useful guide to root treatment * Includes suggested treatment protocols for clinical application

Chinese Internal Medicine is an international collaboration of Chinese medicine experts from both China and the West, covering the theory and practice of Chinese Internal Medicine in greater depth than any English language textbook available today. The material in this text comprises course material for a

professional course of training in TCM, also being the basic material for studying and comprehension of other more advanced courses in TCM. The scope of the material contained in this textbook is approximately equal to that for students of TCM colleges in China, and coincides with the requirements in the Examination Syllabus for TCM Professional Practitioners Worldwide. Individual chapters contain forty nine common conditions as well as annexes or associated pathologies. Each chapter is composed of an overview of the pathology, causative factors, pathogenesis, diagnostic criteria, differential diagnosis, pattern identification and treatment, a summary, a case study, prevention and life-style recommendations and acupuncture treatments for each category of disease. An abundance of classical references are also included here.

Sharpen your social work in health care knowledge and skills Social Work, Health, and International Development: Compassion in Social Policy and Practice presents leading international experts from a range of disciplines providing the latest in research, theory, and practical solutions to advance social work in health care issues. Readers get a refreshed view on ways to put social policy into a compassionate and empathetic framework with strategies to more effectively meet today's challenges in social work and health care. This superb selection of papers from the Fourth International Conference on Social Work in Health and Mental Health held in Quebec provides a unique perspective on social work and the development of a more compassionate world. Social Work, Health, and International Development: Compassion in Social Policy and Practice focuses on areas essential to every social worker no matter where they practice. The book explores the increased importance of compassion and solidarity among social workers, the essential need to effectively address the HIV/AIDS pandemic, strategies to more fully address aging issues, and best practices. The latest research findings and data are discussed to modify approaches and revitalize the field, all to help the world become a more caring, compassionate place. Topics in Social Work, Health, and International Development: Compassion in Social Policy and Practice include: social work interventions to lead needy countries from health to economic growth the concept of solidarity as a fundamental notion in social work the need to revisit social work's ethical foundations cultural competence in responding to the HIV/AIDS pandemic a comprehensive action plan to deal with HIV/AIDS a study on grandparents' caring for children of AIDS victims multilevel interventions to promote elderly people's mental health forming partnerships that promote the diverse voices of older people recognizing deficiencies to increase cultural competency in staff "best practice" case management approach to improve patient adherence to care Internet-based intervention for caregivers of persons with dementia dyadic peer support pilot intervention for parents of children with lung disease continual education for increased professional competence much more! Social Work, Health, and International Development is invaluable reading for social workers, health practitioners, researchers, and clinicians.

Mood disorders, like depression, bipolar disorder, and dysthymia, are common psychological illnesses that occur worldwide and across the life-span. There is a growing consensus among mental health clinicians and researchers that culture and cultural context are often key determinants in mood disorder prevention and outcome. It

have become increasingly apparent that an appropriate understanding of culture is essential for treatments to be effective, and for optimal outcomes to be obtained by individuals suffering from these conditions. This text focuses on cross-cultural issues arising in the context of diagnosis, treatment, and research of mood disorders within diverse populations of the United States. With specific case examples to supplement the topics reviewed in each chapter, this important volume will be of great interest to all clinicians and researchers working in the area of mood disorders.

Using the information in this book, the thousands of people living with long term disability due to stroke, can lead a better quality of life. The book contains classical and standard contemporary acupuncture for emergency and rehabilitation use. Its covers such areas as: Running needle; Moxibustion; Electro-acupuncture; Magneto-therapy and herbal patches; Special protocols by famous contemporary practitioners; Treatments for body, scalp, ear, tongue, wrist-ankle and ocular acupuncture; and, the treatment of 23 post stroke sequelae. The final chapter of the book recounts the outcomes of scores of clinical trials proving acupuncture efficacy in the treatment of stroke.

This book introduces “network pharmacology” as an emerging frontier subject of systematic drug research in the era of artificial intelligence and big data. Network Pharmacology is an original subject of fusion system biology, bioinformatics, network science and other related disciplines. It emphasizes on starting from the overall perspective of the system level and biological networks, the analysis of the laws of molecular association between drugs and their treatment objects, reveals the systematic pharmacological mechanisms of drugs, and guides the research and development of new drugs and clinical diagnosis and treatment. After it was proposed, network pharmacology has been paid attention by researchers, and it has been rapidly developed and widely used. In order to systematically reveal the biological basis of diagnosis and treatment in traditional Chinese medicine and modern medicine, we proposed a new concept of "network target" for the first time, which has become the core theory of "network pharmacology". The core principle of a network target is to construct a biological network that can be used to decipher complex diseases. The network is then used as the therapeutic target, to which multicomponent remedies are applied. This book mainly includes four parts: 1) The concept and theory of network pharmacology; 2) Common analysis methods, databases and software in network pharmacological research; 3) Typical cases of traditional Chinese medicine modernization and modern drug research based on network pharmacology; 4) Network pharmacology practice process based on drugs and diseases.

In the practice of TCM, there is no complaint more common than pain. This text describes the treatment of pain syndromes according to the standard of care practiced among the professional Chinese medicine doctors in modern China. Because modern TCM in China commonly exists in an integrated environment, the topics include both patient-centered complaints such as “headache”, as well as Western designations such as “thoracic outlet syndrome”. In either case, the complaint immediately gives way to the most relevant information a practitioner needs including possible patterns and their patho-mechanisms, treatment principles, and point and herb prescriptions. Following the needs of the professional, learning opportunities are provided thanks to copious case studies written by experts in the field of pain management and internal

medicine. Chapters then target students studying TCM with discussions that provide a deeper consideration of the topics. Each chapter also features a few multiple choice questions that challenge and assist in memorization.

For the past ten years, Andy Rosenfarb has successfully used acupuncture and Chinese medicine to treat a wide range of eye conditions. His treatments include moxibustion techniques, tuina (massage), microcurrent stimulation, Chinese herbs, and qigong exercises, along with “essential acupuncture” where essential oils are placed on acupuncture points. The culmination of his work—which includes a recent pioneering study involving metabolic testing—is this handbook for healing the kinds of conditions too often considered almost impossibly challenging or irreversible. The first half of *Healing Your Eyes with Chinese Medicine* explains Traditional Chinese Medicine and its perspective on the eyes, which is based on the idea that the eyes and the brain work in tandem, not isolation. The second half focuses on proven methods derived from Rosenfarb’s practice, including nutritional, supplemental, and lifestyle adjustments. Individual chapters cover eye disorders such as glaucoma, macular degeneration, retinitis pigmentosa, and many more. This book is intended as a practical manual to help readers understand their eyes and vision more comprehensively, and to learn new, affordable ways for retaining the precious gift of sight. From the Trade Paperback edition.

Includes established theories and cutting-edge developments. Presents the work of an international group of experts. Presents the nature, origin, implications, an future course of major unresolved issues in the area.

The most up-to-date and comprehensive overview of the 14 therapies that nurses, midwives and health visitors have expressed particular interest in. Each therapy is discussed in detail and the implications for use in health care are examined. The vexed question of research is dealt with throughout and the book ends with a look at likely future trends. This text, written in response to the growth of interest in complementary medicine, amongst health professionals and the general public, is a must for those nurses, midwives and health visitors considering incorporating the use of complementary medicine into their practice.

since the first International Congress for Experimental and Therapeutic Hypnotism in Paris in 1889, there have been several periods of widespread interest in hypnosis among the professions as well as the lay public, followed by periods of profound neglect. Since the end of World War II, however, we have witnessed not only a strong resurgence of interest in hypnosis throughout the world but also the gradual development of the kind of infrastructure which a field requires to survive and prosper. The burgeoning clinical literature has been matched by a dramatic increase in the amount of systematic research carried out in a wide range of institutions throughout the world. A tradition of triennial major world congresses has been established, beginning with the 3rd International Congress for Hypnosis and Psychosomatic Medicine in Paris in 1965. These meetings, encouraged and sponsored by the International Society of Hypnosis and its predecessor, the International Society of Clinical and Experimental Hypnosis, are sponsored by universities and provide a forum for the exchange of ideas among scientists and clinicians throughout the world.

Written by a psychologist and a psychiatrist noted for their expertise as both practitioners and researchers, the book illustrates how hypnosis can significantly alleviate the pain of childbirth, medical or dental surgery, burns or other accidental injuries, cancer, and chronic syndromes. With over 600 references covering the field of modern research into the mechanisms of pain,

the authors convey a thorough understanding of findings and limitations of available empirical studies. Yet the book remains exceptionally clear and non-technical and will appeal not only to professionals involved with pain reduction but to lay people as well. The Hilgards address a broad spectrum of topics relating to hypnosis and pain, ranging from an historical review to a consideration of future areas for investigation. They thoughtfully tackle the controversy still surrounding the nature of hypnosis - is it an altered state of consciousness or a pattern of behaviour adopted by both subject and hypnotist? The concluding section presents the Hilgards' neo-dissociation theory of hypnosis as well as a highly useful technique for assessing susceptibility in clinical situations. Pain has been called the greatest unsolved problem in medicine. Hypnosis in the Relief of Pain, with its honest and complete appraisal of the role of hypnosis on pain reduction, will contribute significantly to the understanding and broader use of this noninvasive and natural healing phenomenon.

New edition of the most comprehensive Chinese Medicine Obstetrics and Gynecology textbook in the English language World-renowned author and teacher Giovanni Maciocia gives a clear, detailed explanation of the physiology, pathology and aetiology of women's disorders in Traditional Chinese Medicine (TCM) and adapts these to Western conditions and patients. Seventy gynecological conditions are discussed in detail with consideration given to differentiation between conditions, the advised treatment using acupuncture and herbs, prevention and prognosis. Guidelines on lifestyle and use of the eight Extraordinary Vessels are provided, with case studies allowing easy application of theory to practice throughout. New for this edition: New attractive two-colour layout with book marks to ease navigation

Endometriosis and its treatment now included and fully covered in a new chapter Infertility chapter includes recent research highlighting factors in infertility All prescriptions now removed from the text and attractively presented in three appendices: Patient Remedies, Prescriptions and Three Treasure Remedies "Obstetrics and Gynecology in Chinese Medicine is a paradigmatic work. It is tempered with reverence and innovation, meticulous archival attention and detailed modern clinical insight. When future generations look back at this work...they will find not only knowledge and wisdom but also reasons for inspiration and awe." From the Foreword to the first edition by Ted J. Kaptchuk, Associate Director, Centre for Alternative Medicine Research, Beth Israel Hospital; Instructor in Medicine, Harvard medical School, Boston, USA. • Physiology and pathology of women's disorders in Chinese medicine • Aetiology and diagnosis of women's disorders • Differentiation and treatment – including acupuncture, herbs and patent remedies – of 64 gynecological conditions • Prevention and prognosis for each disease • Approximately 100 case histories from the author's own practice • A detailed discussion of the use of the eight extraordinary vessels in gynecology

This powerful text offers a unique analysis of the impact of race and culture on contemporary issues in mental health. Drawing on extensive international experience, Fernando challenges the traditional ideas that inform practice in clinical psychology and psychiatry in order to promote new and alternative ways of thinking. Covering both theoretical perspectives and practical implications, this insightful text discusses perceptions of ethnicity and identity, compares practices around the world and looks at racism in mental health services. Topics new to the third edition include: ? Trauma and psychosocial support ? The new discourses in mental health of recovery, spirituality and well-being ? The mental health of refugees ? Specific developments in low-income countries, including Asia and Africa This fully revised, expanded and updated edition of a seminal text offers students and practitioners alike a comprehensive and reliable study of both western and non-western psychiatry and mental health practices. The purpose of this text is to act as a source of information and a reference for the busy pharmacist at work, when confronted by a query regarding complementary and alternative medicine (CAM).

This book provides a much-needed, positive, hopeful and holistic perspective on how to cope

with schizophrenia. While 51 million people in the world are afflicted with this illness, self-help books on the topic are not in ample supply, and those that do exist are often very dark in outlook. This volume combines knowledge from previous studies, personal accounts, and scientific research today. Topics explored here include an overview on experiences with, and explanations for, schizophrenia; alternative and natural healing tips for psychosis and schizophrenia, including diet and orthomolecular medicine; an overview of alternative therapies; relationship and career advice; how to deal with emergencies; and how to recover after a period of psychosis, among others.

Contemporary psychiatry is a field that is especially conducive to the principles of integrative medicine. With the exception of a few disorders, such as schizophrenia, most psychiatric disorders respond to interventions other than drugs. Patients who have not tolerated or not responded optimally to traditional treatments are also good candidates for integrative treatments. Additionally, herbals such as St. John's wort for the treatment of depression and ginkgo for the treatment of memory impairment in dementia have been found effective in traditional clinical trials. Patients' use of alternative and complementary therapies in psychiatry has created a need for physicians to become informed about these treatments, to advise patients on their efficacy, and to be able to make judgments on integrating these therapies into existing regimens, including discussions of such issues as potential drug-herb interactions. In this volume in the Weil Integrative Medicine Library, the authors describe a rational and evidence-based approach to the integrative therapy of mental disorders integrating the principles of alternative and complementary therapies into the principles and practice of conventional psychiatry and psychology. The authors will examine what works and what doesn't, and offer practical guidelines for physicians to incorporate integrative medicine into their practice and to advise patients on reasonable and effective therapies. The text discusses areas of controversy and identifies areas of uncertainty where future research is needed. Chapters also cite the best available evidence for both the safety and the efficacy of all therapies discussed. The information is presented in accessible and easy-to-read formats, including clinical pearls and key points, with a second text color for highlighting key information.

This is the first book to set out a full range of research strategies for evaluating the clinical practice of acupuncture. Leading acupuncturists and researchers with international reputations share their expertise. They illustrate their descriptions with practical examples of what has worked and what has not. It outlines many of the key challenges in the field. These challenges relate to the nature of acupuncture and the gap between current research evidence and the actual experiences of acupuncturists in the field. By focusing the chapters on key research questions, rather than methods, the book has a user-friendly feel. Each chapter is easily accessible with brief explanations of research designs as well as vignettes of relevant past research. The book is based on a deep understanding of acupuncture, with its inherent complexity in practice, whether based on traditional principles or more modern concepts. By incorporating a more sophisticated understanding of the field, this book details a range of strategies aiming to develop the evidence base with the utmost rigour. It is the first book on acupuncture research to take this unique view, integrating the very best of evidence-based medicine with a genuine sensitivity to the discipline of acupuncture, from its traditional and holistic roots to its more modern interpretations.

The HealthPoint™ Facelift book by Robert Redfern of Naturally Healthy Publications can show you how to improve your skin health and slow down the aging process using natural healing methods and techniques, along with following a healthy lifestyle.

This book is the fourteenth volume in the Evidence-based Clinical Chinese Medicine series and is essential for Chinese medicine practitioners interested in treating unipolar depression using Chinese medicine. It uses a 'whole evidence' approach and provides an in-depth

analysis of Chinese medicine treatments for depression, including a summary of Chinese medicine treatments used in classical Chinese medicine literature, as well as treatments that have been tested in clinical trials. High-quality and rigorous scientific methodology is used to evaluate the clinical trial literature of Chinese medicine treatments for unipolar depression, treatment modalities including Chinese herbal medicine, acupuncture and other Chinese medicine therapies. The findings are analyzed and potential implications for clinical practice and research are explored. Chinese medicine practitioners and students who want to keep up to date with the latest research to support and incorporate into their clinical practice, this book is ideal. The different modalities of treatment for unipolar depression covered in this book includes herbal medicine, acupuncture and combination of these therapies. Treatment effects for depression are described in change in depression severity, change in quality of life and relapse rate. Further, herbal formulae, herb ingredients and acupuncture points are analyzed and discussed in relation to treatment. Findings from this book can provide guidance for Chinese medicine practitioners when treating depression.

The latest information on the use of acupuncture in midwifery. Written specifically for midwives by a practising acupuncturist who is also a qualified midwife Updated and expanded in the light of new developments and increasing understanding of acupuncture Relates the use of acupuncture specifically to areas surrounding pregnancy and childbirth

Late-life Mood Disorders provides a comprehensive review of the current research advances in neurobiology and psychosocial origins of geriatric mood disorders. The review of the latest developments and "gold standards" of care is provided by an international group of leading experts.

This book informs the reader of the essential information for Running a Safe, Successful Acupuncture Clinic. Split into three sections cover Techniques and Safety (Risk Management), Ethics and Interpersonal Skills and Clinic Management, these three areas provide vital knowledge to any acupuncturist, regardless of whether a new practitioner or one already in practice with several years experience. Standing as an easy-to-use reference book as well as a comprehensive textbook this book is an essential read. - an excellent valuable addition for everyone associated with acupuncture and traditional chinese medicine - offers everything you need to know in an acupuncture clinic - chapters cover essential areas such as safety, risk, ethics and interpersonal skills and clinic management - written by a leading practitioner in the field with a considerable understanding of the particular needs and unique aspects of running an acupuncture clinic - aimed to be accessible to both the new and experienced practitioners "This beautifully designed two color book is filled with over 100 detailed illustrations to help the reader better understand the materials being presented. Red flag cases are included and clearly explained to help the practitioner decide when an immediate referral is necessary. This book covers many Western diseases you will encounter and is clearly written for practitioners of Chinese medicine. With this textbook you will learn the clinical presentation and treatment of the major diseases seen in Western medical practice today, and how to confidently interact with Western medical practitioners." -Publisher.

Since the publication of the first edition in 2013, the utilization of dry needling in clinical practice has expanded dramatically throughout the world. Indeed, more and more professionals have been using dry needling to effectively reducing acute and chronic pain, as well as improving motor performance, range of motion, and strength. Following the success of the previous edition, the updated Trigger Point Dry Needling: An Evidence and Clinical-Based Approach remains the first authoritative guide on the market. With a completely revised text and now full colour illustrations, it provides excellent clarity within content and images for even more uniform and consistent instructions on the needling techniques. Written and edited by a group of international experts, this is the most-up-to-date resource for physiotherapists, chiropractors, myotherapists, and other professionals as physicians, acupuncturists, osteopaths and athletic

trainers. New chapters on the use of dry needling for Neurological Conditions and dry needling for Fascia, Scar, and Tendon; Clinical chapters with new full colour illustrations; Worldwide editors and contributors; New chapters on the use of dry needling for Neurological Conditions and dry needling for Fascia, Scar, and Tendon; Clinical chapters with new full colour illustrations; Worldwide editors and contributors;

May 18-19, 2017 Munich, Germany Key Topics : Traditional Chinese Medicine, Acupuncture, Holistic Medicine, Acupressure, Alternative Medicine, Herbal medicine, Ayurveda: Body, Mind & Soul, Homeopathy Medicine, The Ayurvedic System of Healing and Marma Therapy, Important Milestones in development of TCM Diagnostics, The Modernization of Chinese Medical Genre, Source of Innovations in Chinese Medicine,

Advances in Acupuncture Therapy Research and Treatment / 2012 Edition is a ScholarlyPaper™ that delivers timely, authoritative, and intensively focused information about Acupuncture Therapy in a compact format. The editors have built Advances in Acupuncture Therapy Research and Treatment / 2012 Edition on the vast information databases of ScholarlyNews.™ You can expect the information about Acupuncture Therapy in this eBook to be deeper than what you can access anywhere else, as well as consistently reliable, authoritative, informed, and relevant. The content of Advances in Acupuncture Therapy Research and Treatment / 2012 Edition has been produced by the world's leading scientists, engineers, analysts, research institutions, and companies. All of the content is from peer-reviewed sources, and all of it is written, assembled, and edited by the editors at ScholarlyEditions™ and available exclusively from us. You now have a source you can cite with authority, confidence, and credibility. More information is available at <http://www.ScholarlyEditions.com/>.

Inflammation in gastrointestinal mucosa can remodel the topography of the overlying epithelium. If such inflammation is chronic, it has fundamental clinical consequences, the principal of which is premalignant metaplasia throughout the alimentary tract. Furthermore, mucosal inflammation, even if subtle, is the single most common pathway for GI cancer. This book discusses all aspects of the relation between inflammation and GI cancer, from the basic science through to the translational science which is helping in the optimization of clinical management strategies. Among the topics considered are the impact of inherited syndromes; the roles of acid reflux, H. pylori, inflammatory bowel disease, and primary sclerosing cholangitis; screening strategies; targeted drug therapies; genetics; and the use of endoscopic methods. The authors are the best in their field, and this book is designed for the enthusiastic student as well as the professional in GI science and medicine.

First multi-year cumulation covers six years: 1965-70.

This presentation uses anatomically precise, computer-generated reconstructed images of the human body for three-dimensional presentation of acupuncture points and channels. The CD component is fully interactive and allows the user to see through tissue layers, remove tissue layers, and rotate structures so that specific acupuncture points can be v

This book on complementary alternative medicine (CAM) for the Elderly provides a critical and objective evaluation of alternative medical therapy for the elderly. The focus on practical aspects such as adverse effects and general risks of various therapeutic methods makes it a valuable reference book for the general practitioner, for geriatricians and professionals within the area of alternative medicine, but also for interested laypeople. In the three sections, Epidemiology, Types of CAM, and Common Medical Problems and CAM, a broad range of issues are covered. They range from drug compliance in elderly people to CAM in the treatment of specific conditions such as pulmonary diseases, arthritis or cancer. The above features and in particular the unbiased approach to discuss the pros and cons of CAM make this publication a must-have for everybody searching for detailed information on alternative medicine for the elderly.

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