

## My Sister Is A Preemie

This volume analyses the distinct care needs of late preterm infants and their parents by reflecting on the best available evidence to inform practice and latest innovations in care. It addresses the spectrum of issues experienced by late preterm infants and their parents and ways to ensure healthy transitions from hospital to community. We define late preterm infants as those born between 34 0/7 to 36 6/7 weeks' gestational age. The book uses creative writing prompts and a narrative style to gain insight and be self-reflection in and on practice to move the reader to embrace best practices. Issues such as mother's physical and emotional health, father's burden in postpartum period, the work organization of nurses caring for late preterm infants, feeding and jaundice which threaten readmission, and neurodevelopmental outcomes of late preterm infants are specifically addressed. Areas of innovation are shared for consideration to prompt readers to think about continuous improvement in quality of care. The book shares local and global perspectives to address the common concerns related to care of late preterm infants and their parents, and fosters a partnership in promoting health of late preterm infants and their parents all across the globe. It is intended for any health care providers such as nurses, midwives, physicians and other allied care professionals like health visitors, community health workers.

Having a new sibling in the NICU can be frightening. Disrupted routines. Strange tubes and machines. This coloring book is meant to help explain why the baby has to stay in the hospital for now and what all those big machines are doing. Understanding the situation can make it less frightening.

The Premature Baby Book is the result of seven years of intense research into medical literature, and of interviews with neonatologists, intensive care nurses, social workers, therapists, and hundreds of parents of prematures. From her research and personal experience, Helen Harrison knows exactly what parents want and need to know to deal with the emotional, medical, and practical issues facing them after the birth of a premature baby. Book jacket.

Having a premature baby is a unique experience for any family. Older siblings feel the toll as well. They have an expectation of their newest family member coming home soon, but in many cases the baby ends up in the Neonatal Intensive Care Unit (NICU) for days, weeks or even months. Their emotions can range from missing the parents and wanting the baby to be home, to feeling jealous and confused about this new person in their lives. This children's book is the true story of a preemie girl in her first year of life, as narrated by her older sister.

Having a premature baby—a baby born before the thirty-seventh week of pregnancy— can be a crash course in both medicine and health economics, not just in parenting. Parents face complex information, difficult decisions, and overwhelming grief and worry—with challenges that often extend well beyond those early days and weeks. As an ob/gyn, Dr. Jennifer Gunter has delivered hundreds of premature babies, but as a mother of preemie triplets, she also understands the heartbreak and challenges of prematurity. The Preemie Primer is a comprehensive resource, covering topics from delivery, hospitalization, and preemie development to parenting multiples, handling health issues, and finding special-needs programs. Compassionate, engaging, and medically grounded, The Preemie Primer is the first book on prematurity to combine the insight of a doctor with the experience of a mom.

The amazing, true story of Fiona, a baby hippo born prematurely at the Cincinnati Zoo, the team of scientists and caregivers who nursed her to health, and the vast community in Cincinnati and beyond who rallied around her. Includes full-color behind-the-scenes photographs

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throughout. On a cold January day in 2017, nearly two months before due date, Nile hippopotamus Bibi gave her keepers at the Cincinnati Zoo & Botanical Garden a big (little) surprise—a tiny newborn hippo, no bigger than a football. The first premature hippo born and raised in captivity, baby Fiona was an underdog from the start: she couldn't nurse, she couldn't stay hydrated, and she wasn't thriving. But the staff at the zoo knew they could save her. It would take creative thinking and teamwork. They would have to study the makeup of hippo milk for the first time ever and reach out to medical colleagues, including a team at the local Children's Hospital with superior vein-finding skills, to ensure that Fiona would begin to gain weight and become healthy. When Fiona began to thrive, her star began to rise, and soon she became an internet sensation, her picture and videos garnering thousands and thousands of likes and fans on Instagram and Facebook. Now a Fiona appearance at the Zoo mimics a Beatles concert. What made this little, now big, hippo such a big hit with people all over the world? And what's in store for her and her family in the future?

Parents find ways to bond with their premature babies in the Neonatal Intensive Care Unit (NICU).

A brief child-friendly introduction to the Neonatal Intensive Care Unit meant for siblings or young relatives. Ideally this book should be read together with your children before visiting the hospital to help alleviate some of the fears or uncertainties associated with visiting a baby in the hospital.

Updated to incorporate the latest neonatology advances, a comprehensive guide shares advice on everything from risk factors and progress monitoring to homecoming preparations and development prospects.

A micro-preemie fights for survival in this extraordinary and gorgeously told memoir by her parents, both award-winning journalists. Juniper French was born four months early, at 23 weeks' gestation. She weighed 1 pound, 4 ounces, and her twiggy body was the length of a Barbie doll. Her head was smaller than a tennis ball, her skin was nearly translucent, and through her chest you could see her flickering heart. Babies like Juniper, born at the edge of viability, trigger the question: Which is the greater act of love -- to save her, or to let her go? Kelley and Thomas French chose to fight for Juniper's life, and this is their incredible tale. In one exquisite memoir, the authors explore the border between what is possible and what is right. They marvel at the science that conceived and sustained their daughter and the love that made the difference. They probe the bond between a mother and a baby, between a husband and a wife. They trace the journey of their family from its fragile beginning to the miraculous survival of their now thriving daughter.

Small But Mighty is a beautifully illustrated inspirational book for mothers who wish to read to their premature baby in the Neonatal Intensive Care Unit. Premies often spend several months in the NICU, making bonding between mother and baby challenging. Reading to premies also promotes literacy and reading comprehension as adolescents.

Experience the Neonatal Intensive Care Unit (NICU) through the eyes of a child and discover the best kept secret -There is a superhero inside us all! This book is based on the author's family as they learned to navigate the NICU with their micro-preemie twins, born at 23 weeks. Thanks to the incredible care received in the NICU, the strength of their babies, and the resilience of their older children, their family was made whole after 151 days in the NICU. The NICU journey can be impossibly difficult. May you find your superhero strength, resilience, and hope the eyes of a child! This books takes children and adults alike through the NICU journey of their new baby. The author & illustrator brilliantly transform the reality of the scary hospital world and requirements into a world outside of the hospital made for superheroes Adam could not wait to be a big brother! Why was it taking so long for baby Emma to come home? What is this place called the NICU? A special children's book written for all family members to share, as their baby is treated in the Neonatal Intensive Care Unit. Supplemental

materials are included. "Finally, there is an exceptionally written and beautifully illustrated children's picture-book available today for children and families of NICU babies. The sensitivity, support, and resources are invaluable. Bravo and thank you, Ms. Leibovici!" Edward Karotkin, MD Professor of Pediatrics Part of the multi-award-winning Under The Tree children's series.

*Good Things Come In Small Packages: I Was A Premie* is a delightful story of one little person's journey of realization as he discovers his difficult beginnings and the real meaning of love.

Having an infant in the Neonatal Intensive Care Unit is full of a flurry of emotions overshadowed by anxiety. An admission to the NICU is not anticipated and therefore can be a very trying experience. Explaining the hospitalization of the baby to the other children in your home can be challenging. The baby's siblings may be too young to understand, fearful of hospitals, or even upset that you are spending more time at the hospital than at home. This short book can serve as a light introduction to the NICU and foster further discussion with your other children or young relatives. It is best read together, ideally before a visit to the NICU. In addition to visiting the hospital, establish some routines and alone time with your children at home to help ease the transition as your new baby grows and heals in the intensive care unit.

What happens when a child's new sibling is born premature and can't come home from the hospital right away? Does the child's imagination run wild? Are they scared? Susan Klieger writes from her own experience having a daughter born premature at 27 weeks with a three month stay in the NICU. With a baby in the hospital and a young child at home, she learned first hand the difficulty explaining the situation to a sibling who is too young to visit the NICU, but old enough to worry. Susan wrote her own story to build a positive narrative for her three year old son. Twenty six years after the birth of her premie, the book is finally ready to share with other families in similar situations, complete with illustrations from her daughter's childhood art teacher. This colorful rhyming book is perfect to start a dialogue with your child to answer questions and alleviate fears. It is a must for a child dealing with a sibling in the hospital, who they can't visit, for any reason... big or "little bitty".

The birth of a very premature baby is a shock for parents. The immediate anxiety about whether their infant will survive quickly leads to concerns about their child's future quality of life. In this inspiring and informative book, young people who were born weighing less than two pounds, three ounces provide candid and personal stories about their lives, challenges and accomplishments. Now in their thirties, these men and women were cared for at McMaster University Hospital in Hamilton, Ontario, soon after the introduction of newborn intensive care. Dr. Saroj Saigal, a renowned and award-winning neonatologist at McMaster, adds several chapters that outline the history of neonatology, describes recent medical and technological innovations, and explains how many extremely premature babies go on to enjoy fulfilling lives. Her chapters give the answer of a caring specialist to the inevitable question, "What next?" Written for a lay audience, *Premie Voices* will move you to tears of admiration and amazement at the remarkable resilience of these tiny survivors. This unique collection of stories will not only provide encouragement and hope for parents who have given birth to a tiny premie, but will inspire others who will be in awe at the achievements of these infants - both with and without disabilities - who were born too early. Watch the video documentary of a few participants from *Premie Voices* at [www.saigalpremievoices.com](http://www.saigalpremievoices.com)...

*PREMIES* fills a much-needed role as a companion book for all parents & caretakers of children born prematurely, & for all parents-to-be who know they are at serious risk of having a premature birth. Moving from the early months through the later years of life experience, it provides the most up-to-date information in an easy, friendly, reassuring way, filtered through the eyes & words of parents & a doctor who have been there.

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Visiting a neonatal intensive care unit can be an overwhelming experience, especially for a young child during sibling visitation. The sibling will see monitoring equipment, breathing machines, intravenous pumps and incubators. They will hear alarms ringing and sometimes babies crying. Preparing children for the NICU environment is crucial so they are not as fearful and can focus on bonding with their new sibling. It's pretty scary to see a new sibling wrapped in a glass box instead of a soft blanket. In this gentle story about a baby who arrives too soon, Sarah can see that Mommy and Daddy are worried, and that tiny Amy is sick. But her parents help her to see that God is with the family no matter what, even its newest, littest member. A special section at the end written by R. Scott Stehouwer, Ph. D., professor of psychology at Calvin College and clinical psychologist, provides suggestions for parents and caregivers of hurting children.

When her world is turned upside down by her sister's death, a mentor is assigned to fourteen-year-old Cashay to help her through her anger and grief.

Focuses on the principles that equip the Duggars to face life's challenges, sharing the difficulties their older children face as they prepare for adult life, and shows how parents can succeed whether they're rearing a single child or several.

The bestselling, award-winning author's "fiercely freewheeling collection of stories and poems about the tragicomedies of ordinary lives" (O, The Oprah Magazine). Winner of the PEN/Faulkner Award for Fiction, *War Dances* blends short stories, poems, call-and-response, and more into something that only Sherman Alexie could have written. Ordinary men stand at the threshold of profound change, from a story about a famous writer caring for a dying but still willful father, to the tale of a young Indian boy who learns to value his own life by appreciating the deaths of others. Perceptions change, too, as "Another Proclamation" casts a shadow over Abraham Lincoln's Emancipation Proclamation, and "Invisible Dog on a Leash" limns the heartbreak of shattered childhood illusions. And nostalgia for antiquated technology is tenderly rendered in "Ode to Mix Tapes" and "Ode for Pay Phones." With his versatile voice, Alexie explores love, betrayal, fatherhood, alcoholism, and art in this spirited, soulful, and endlessly entertaining collection, transcending genre boundaries to create something truly unique. This ebook features an illustrated biography including rare photos from the author's personal collection.

Their special care baby.... When Nurse Jaynie Winchester goes into premature labor, no husband or boyfriend comes rushing to her side. Baby Tara is delivered, and sent straight to the special care unit. But Jaynie is not the only one willing the tiny mite to survive. Respiratory therapist Terrance Zanderson finds himself getting more and more involved with this new family, even though he'll never risk fatherhood again. Then Terrance realizes who Tara's father is....

Jacob learns that adults can be scared, too, when his new sibling is born prematurely. While Jacob has his grandma and his faithful teddy bear, Bob, with him at home while his parents are at the hospital, he still feels alone. The book portrays the range of emotions older siblings often have about a new baby, including fear, anger, and resentment, along with the added challenges of the premie's health concerns and parents' frequent absences.

**#1 NEW YORK TIMES, WALL STREET JOURNAL, AND BOSTON GLOBE BESTSELLER • One of the most acclaimed books of our time: an unforgettable memoir about a young woman who, kept out of school, leaves her survivalist family and goes on to earn a PhD from Cambridge University "Extraordinary . . . an act of courage and self-invention."—The New York Times NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY THE NEW YORK TIMES BOOK REVIEW • ONE OF PRESIDENT BARACK OBAMA'S FAVORITE BOOKS OF THE YEAR • BILL GATES'S HOLIDAY READING LIST • FINALIST: National Book Critics Circle's Award In Autobiography and John Leonard Prize For Best First Book • PEN/Jean Stein Book Award • Los Angeles Times Book Prize Born to survivalists in the mountains of**

Idaho, Tara Westover was seventeen the first time she set foot in a classroom. Her family was so isolated from mainstream society that there was no one to ensure the children received an education, and no one to intervene when one of Tara's older brothers became violent. When another brother got himself into college, Tara decided to try a new kind of life. Her quest for knowledge transformed her, taking her over oceans and across continents, to Harvard and to Cambridge University. Only then would she wonder if she'd traveled too far, if there was still a way home. "Beautiful and propulsive . . . Despite the singularity of [Westover's] childhood, the questions her book poses are universal: How much of ourselves should we give to those we love? And how much must we betray them to grow up?"—Vogue NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The Washington Post • O: The Oprah Magazine • Time • NPR • Good Morning America • San Francisco Chronicle • The Guardian • The Economist • Financial Times • Newsday • New York Post • theSkimm • Refinery29 • Bloomberg • Self • Real Simple • Town & Country • Bustle • Paste • Publishers Weekly • Library Journal • LibraryReads • Book Riot • Pamela Paul, KQED • New York Public Library

A child is experiencing his new sibling being born prematurely and placed in the NICU.

A review and analysis of States' policies regarding prenatal exposure to alcohol and other drugs, in order to help local, State, and Tribal governments: (1) Gain a better understanding of current policy and practice in place at the State level that addresses substance-exposed infants (SEIs); and (2) Identify opportunities for strengthening interagency efforts in this area. Assessed state policy on: prevention, intervention, identification, and treatment of prenatal substance exposure, incl. services for the infant, the mother, and the family. Reviewed States' policies regarding: prepregnancy prevention efforts; screening and assessment in the prenatal period; and the provision of services to SEIs and their parents after a CPS referral is made. Illus.

This book is a message of hope for the parents of premature (preemie) babies. It's written in the words of a preemie, addressing his/her parents, giving them hope and reassurance about the future. The author was a premature baby herself.

This major new addition to the Sears Parenting Library is a comprehensive, authoritative, and reassuring guide for parents of premature babies. 20 line drawings & photos.

In the bestselling tradition of *The Five People You Meet in Heaven* and *Humans of New York* comes a collection of authentic, emotional, and inspiring stories about life's most important moments, as curated by the editors at Love What Matters. "90% of the reads bring me to tears. I just can't believe the love this world truly has when all we see is hate. This is so uplifting." —Shelsea Where do you go when you want to feel inspired? When you want to forget about the divisiveness and the anger? For over five million people, that place is Love What Matters, a digital platform dedicated to finding and sharing the daily moments of kindness, compassion, and love that so often go overlooked. This curated collection of powerful stories features first person accounts and photographs that perfectly capture each moment: A husband learning he's about to be a dad. A new mom embracing her body. A cashier inadvertently teaching a young girl a lesson about patience. A bagel from a stranger that saved a homeless man's life. From long overdue adoptions to military heroes returning home; from a fireman's touching 9/11 tribute to what an old dinner plate found at a bake sale can teach us all about life—these are the moments that matter. They are genuine. Authentic. Raw. And they are perfect in their imperfection—just like all of us. You will no doubt experience goosebumps and tears, but this mosaic of life's moments will leave you with something even more profound: a reminder that, in the end, love always wins. "This really is the best page on Facebook. It renews your love of humanity. There are still good people. We need more reports of acts of kindness." —Johnny This is my baby book, special for me. To jot down your thoughts and one day I'll see the challenges and obstacles I overcame with your

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prayers. This book will be something that one day we will share.

Celebrate the courage and bravery in every child with *Be Brave Little One*, from the bestselling author of *If I Could Keep You Little*. Perfect for cheering someone on, this story affirms how bravery can show up in all different ways! When I look at you, shining bright as the sun, I wish for you this... be brave little one! Share this inspiring message at every special occasion in a young child's life! *Be Brave Little One* makes for the perfect: Baby shower gift Preschool graduation gift Kindergarten graduation gift First day of school gift When times are tough, this is the perfect preemie or NICU baby book for families seeking an encouraging and heartfelt message of bravery.

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