

Sacred Hoops Spiritual Lessons Of A Hardwood Warrior Spiritual Lessons As A Hardwood Warrior

A popular ESPN basketball analyst and former Duke player reveals the successful work ethic he learned under Mike "Coach K" Krzyzewski, tracing his career while imparting the importance of his mentors' respective definitions of toughness to explain how they can be applied effectively to athletic and personal goals. 50,000 first printing.

The all-star adviser to athletes like Kobe Bryant and Michael Jordan shares his revolutionary, mindfulness-based program for elevating your game "George helped me understand the art of mindfulness. To be neither distracted or focused, rigid or flexible, passive or aggressive. I learned just to be." —Kobe Bryant Michael Jordan credits George Mumford with transforming his on-court leadership of the Bulls, helping Jordan lead the team to six NBA championships. Mumford also helped Kobe Bryant, Andrew Bynum, and Lamar Odom and countless other NBA players turn around their games. A widely respected public speaker and coach, Mumford is sharing his own story and the strategies that have made these athletes into stars in *The Mindful Athlete: The Secret to Pure Performance*. His proven, gentle but groundbreaking mindfulness techniques can transform the performance of anyone with a goal, be they an Olympian, weekend warrior, executive, hacker, or artist. When Michael Jordan left the Chicago Bulls to play baseball in 1993, the team was in crisis. Coach Phil Jackson, a long-time mindfulness practitioner, contacted Dr. Kabat-Zinn to find someone who could teach mindfulness techniques to the struggling team—someone who would have credibility and could speak the language of his players. Kabat-Zinn led Jackson to Mumford and their partnership began. Mumford has worked with Jackson and each of the eleven teams he coached to become NBA champions. His roster of champion clients has since blossomed way beyond basketball to include corporate executives, Olympians, and athletes in many different sports. With a charismatic teaching style that combines techniques of engaged mindfulness with lessons from popular culture icons such as Yoda, Indiana Jones, and Bruce Lee, Mumford tells illuminating stories about his larger than life clients. His writing is down-to-earth and easy to understand and apply. *The Mindful Athlete* is an engrossing story and an invaluable resource for anyone looking to elevate their game, no matter what the pursuit, and includes a foreword by Phil Jackson.

Nick Nurse distills the wisdom, insight, and experiences that helped him lead the Toronto Raptors to the NBA championship in his first year as head coach. Foreword by Phil Jackson. NBA fans had modest expectations for rookie coach Nick Nurse and his Toronto Raptors. But what those naysayers didn't realize was that Nurse had spent the past thirty years proving himself at every level of the game, from youth programs and college ball to the NBA D League and Britain's struggling pro circuit. While few coaches have taken such a circuitous path to pro basketball's promised land, the journey—which began at Kuemper Catholic high school in Carroll, Iowa—forged a coach who proved to be as unshakable as he is personable. On the road, he is known to bring his guitar and keyboard for late-night jazz and blues sessions. In the locker room, he's steadfast and even-keeled regardless of the score. On the court, he pulls out old-school tactics with astounding success. A rookie in name but a veteran in attitude, Nurse is seemingly above the chaos of the game and, with only two seasons on his résumé, has already established himself as one of the NBA's most admired head coaches. Now, in this revealing new book—equal parts personal memoir, leadership manifesto, and philosophical meditation—Nurse tells his own story. Given unprecedented access inside the Raptors' locker room, readers get an intimate study of not only the team culture he has built, but also of a rookie coach's unique dynamic with the star players—such as Kawhi Leonard, Kyle Lowry, and Pascal Siakam—who helped trailblaze the 2019 championship run. As much for readers of Ray Dalio as for fans of John Wooden and Pat Summitt, *Rapture* promises to be a necessary read for anyone looking to forge their own path to success.

With a new introduction, Phil Jackson's modern classic of motivation, teamwork, and Zen insight is updated for a whole new readership "Not only is there more to life than basketball, there's a lot more to basketball than basketball." --Phil Jackson Eleven years ago, when Phil Jackson first wrote these words in *Sacred Hoops*, he was the triumphant head coach of the Chicago Bulls, known for his Zen approach to the game. He hadn't yet moved to the Los Angeles Lakers, with whom he would bring his total to an astounding nine NBA titles. In his thought-provoking memoir, he revealed how he directs his players to act with a clear mind--not thinking, just doing; to respect the enemy and be aggressive without anger or violence; to live in the moment and stay calmly focused in the midst of chaos; to put the "me" in service of the "we"--all lessons applicable to any person's life, not just a professional basketball player's. This inspiring book went on to sell more than 400,000 copies. In his new introduction, Jackson explains how the concepts in *Sacred Hoops* are relevant to the issues facing his current team--and today's reader.

MIND GAMES follows the journey of Phil Jackson to the top of basketball's coaching hierarchy, a rise that took him from obscurity in the Continental Basketball Association to nine championship rings in the NBA. Along the way he turned multimillionaire players on to meditation, transformed the Michael Jordan-led Chicago Bulls from a one-man show to a five-man team of domination, and after battling with Bulls management, ended one dynasty to start another on the West Coast. Sportswriter Roland Lazenby, author of the bestselling *BLOOD ON THE HORNS*, reveals the fascinating story of Jackson's life, from his years with the New York Knicks under the legendary Red Holzman to his remarkable nine championships coaching first the Chicago Bulls and then the Los Angeles Lakers. In *MIND GAMES* Lazenby compellingly portrays a man with a unique determination to control the competitive environment he inhabits. A clear picture of the Jackson mystique emerges: philosopher, teacher, manipulator, counselor, psychologist, shaman, champion, master of mind games. Originally published in 2007, now available in eBook format for the first time.

The Mamba Mentality: How I Play is Kobe Bryant's personal perspective of his life and career on the basketball court and his exceptional, insightful style of playing the game—a fitting legacy from the late Los Angeles Laker superstar. In the wake of his retirement from professional basketball, Kobe "The Black Mamba" Bryant decided to share his vast knowledge and understanding of the game to take readers on an unprecedented journey to the core of the legendary "Mamba mentality." Citing an obligation and an opportunity to teach young players, hardcore fans, and devoted students of the game how to play it "the right way," *The Mamba Mentality* takes us inside the mind of one of the most intelligent, analytical, and creative basketball players ever. In his own words, Bryant reveals his famously detailed approach and the steps he took to prepare mentally and physically to not just succeed at the game, but to excel. Readers will learn how Bryant studied an opponent, how he channeled his passion for the game, how he played through injuries. They'll also get fascinating granular detail as he breaks down specific plays and match-ups from throughout his career. Bryant's detailed accounts are paired with stunning photographs by the Hall of Fame photographer Andrew D. Bernstein. Bernstein, long the Lakers and NBA official photographer, captured Bryant's very first NBA photo in 1996 and his last in 2016—and hundreds of thousands in between, the record of a unique, twenty-year relationship between one athlete and one photographer. The combination of Bryant's narrative and Bernstein's photos make *The Mamba Mentality* an unprecedented look behind the curtain at the career of one of the world's most celebrated and fascinating athletes.

The author shares lessons he learned throughout his athletic career, explaining how he approached baseball philosophically and learned to be still, live in the present, and achieve mindfulness in spite of challenges and fame.

NATIONAL BESTSELLER "I am just a common man who is true to his beliefs."--John Wooden Evoking days gone by when coaches were respected as much for their off-court performances as for their success on the court, Wooden presents the timeless wisdom of legendary basketball coach John Wooden. In honest and telling passages about virtually every aspect of life, Coach shares his personal philosophy on family, achievement, success, and excellence. Raised on a small farm in south-central Indiana, he offers lessons and wisdom learned throughout his career at UCLA, and life as a dedicated

husband, father, and teacher. These lessons, along with personal letters from Bill Walton, Denny Crum, Kareem Abdul-Jabbar, and Bob Costas, among others, have made *Wooden: A Lifetime of Observations and Reflections on and off the Court* an inspirational classic.

The Only Resource You Need for a Standout Season All basketball coaches can use some fresh ideas for practice drills, game plays and strategies. Whether you are coaching beginners who need a place to start, or a successful team that just needs polish, *Basketball Drills, Plays, and Strategies* is a resource you can trust to produce positive results on the court. With over 160 drills and plays, this book covers every aspect of your season. It will help you run efficient and effective practices and improve your game in live competition. Step-by-step instructions, accompanied by diagrams and illustrations walk you and your players through every step of the way. Areas of the game that are covered in detail include: • Fundamental skills like dribbling, shooting, passing, and rebounding • Offense and defense • Inbound and tip-off plays • Presses and press breaks • Conditioning drills Because each drill and play includes adjustments to make things easier for beginners and more difficult for advanced players, you will be able to rely on this resource throughout your coaching career no matter what level you are working with. So don't let time run out—start preparing for your next season today!

Legendary college basketball coach John Wooden and Jay Carty know that when it comes down to it, success is an equal opportunity player. Anyone can create it in his or her career, family and beyond. Based on John Wooden's own method to victory, *Coach Wooden's Pyramid of Success* reveals that success is built block by block, where each block is a crucial principle contributing to life-long achievement in every area of life. Each of these 32 daily readings takes an in-depth look at a single block of the pyramid. When these blocks are combined they form the structure of the pyramid of success. Discover the building blocks and key values, from confidence to faith, that brought Coach to the pinnacle of success as a leader, a teacher and a follower of God.

"Practical advice you can trust from the experts at AARP"--Cover.

A hardcover edition featuring new content for fans of the #1 New York Times bestseller Any fan of Shea Serrano's unconventional, hilarious, and insightful writing will want to add this hardcover edition of his wildly popular *Basketball (and Other Things)* to their collection. The book will feature a new cover and two new chapters as well as removable art that showcases Serrano's trademark creativity and Arturo Torres's inimitable illustration style. First released as a paperback in 2017, the book went on to become a #1 New York Times bestseller. This edition will be a keepsake for Serrano fans and basketball fans alike.

Bob Greene shows us a side of Michael Jordan that doesn't make the sports page...the inside. Journalist and bestselling author Bob Greene stepped into Michael Jordan's world just as Jordan was reaching the apex of his talent and his fame. With Greene, Jordan let down his guard. In an extraordinary book that transcends sports biography, Greene takes the reader along with Jordan over two seasons with the Chicago Bulls, during glorious championship surges and trying personal moments. With rare insight, Greene reveals the person inside the icon: a man who makes millions but cannot go for a quiet walk around the block without getting mobbed, a man who competes ferociously on the court, but who performs some of his most remarkable and unexpected feats away from the limelight. Drawn from inside Michael Jordan's daily life, rich with the sound of Jordan's own voice, *Hang Time* is a startlingly candid and intimate story of time spent with a champion, and of the growing friendship between two men.

"This is a very useful guide for living mindfully. I hope you will return to it again and again and practice wholeheartedly the exercises Dr. Braza offers." —Thich Nhat Hanh, from the forward "Moment by Moment offers a simple and elegant teaching that can change your life." —Jack Kornfield, author of *A Path with Heart* "For anyone seeking more 'real moments,' *Moment by Moment* offers valuable and practical techniques for discovering joy now." —Barbara de Angelis, PhD., Author of *Real Moments* "A delightful book for people who are restless 'doers' like myself. It teaches you how to be in the moment. I highly recommend it for all 'busy bees' and restless soul." —Elisabeth Kubler-Ross, M.D., author of *On Death and Dying* Based on the Jerry Braza's Mindfulness Training Program, this book provides simple exercises for developing greater awareness and emotional involvement in our daily lives. Braza offers practical guidance on managing stress, quieting the mind, transforming feelings, enhancing productivity, and completing unfinished emotional business.

The Pulitzer Prize-winning journalist looks at the life and times of the Chicago Bulls superstar— "The best Jordan book so far" (*The Washington Post*). One of sport's biggest superstars, Michael Jordan is more than an internationally renowned athlete. As illuminated through David Halberstam's trademark balance of impeccable research and fascinating storytelling, Jordan symbolizes the apex of the National Basketball Association's coming of age. Long before multimillion-dollar signings and lucrative endorsements, NBA players worked in relative obscurity, with most games woefully unattended and rarely broadcast on television. Then came Larry Bird and Magic Johnson, Jordan's two great predecessors, and the game's status changed. The new era capitalized on Jordan's talent, will power, and unrivaled competitiveness. In *Playing for Keeps*, Halberstam is at his investigative best, delving into Jordan's expansive world of teammates and coaches. The result is a gripping story of the athlete and media powerhouse who changed a game forever. This ebook features an extended biography of David Halberstam. Phil Jackson, coach of the Chicago Bulls, describes his outlook on life, and explains how he applies it to basketball

The moving story of a Navajo high school basketball team, its members struggling with the everyday challenges of high school, adolescence, and family, and the great and unique obstacles facing Native Americans living on reservations. Deep in the heart of northern Arizona, in a small and isolated patch of the vast 17.5-million-acre Navajo reservation, sits Chinle High School. Here, basketball is passion, passed from grandparent to parent to child. *Rez Ball* is a sport for winters where dark and cold descend fast and there is little else to do but roam mesa tops, work, and wonder what the future holds. The town has 4,500 residents and the high school arena seats 7,000. Fans drive thirty, fifty, even eighty miles to see the fast-paced and highly competitive matchups that are more than just games to players and fans. Celebrated Times journalist Michael Powell brings us a narrative of triumph and hardship, a moving story about a basketball team on a Navajo reservation that shows how important sports can be to youths in struggling communities, and the transcendent magic and painful realities that confront Native Americans living on reservations. This book details his season-long immersion in the team, town, and culture, in which there were exhilarating wins, crushing losses, and conversations on long bus rides across the desert about dreams of leaving home and the fear of the same.

The Duke University men's basketball team has served as the gold standard in college athletics for well over two decades - and that's all because of the extraordinary impact of Mike Krzyzewski, the highly-respected coach of the Duke squad. Coach K's reputation as a teacher of young men has transcended his extraordinary success as a coach. The Duke team is always ranked at the top of the college game, year in and year out, but what's truly remarkable about Coach K are his players and the legacy they leave behind: Grant Hill, Shane Battier, Elton Brand, Bobby Hurley, and on and on -- these are not just great basketball players, but individuals who have become true leaders in American society, all thanks in large part to Coach K's leadership. So how does Coach K do it? In this new book, he reveals his tips, advice, and time-tested guidance on how he coaches and educates his players about life beyond the basketball court. The definitive portrait of Kobe Bryant, from the author of Michael Jordan. "Lazenby's detailed research and fantastic writing paint a complex, engaging picture of one of the NBA's greats" (Kurt Helin, NBC Sports). Eighteen-time All-Star, scorer of 81 points in a single game, MVP, and one of the best shooting guards in NBA league history: Kobe Bryant is among basketball's absolute greatest players, and his importance to the sport is undeniable. Third on the NBA career scoring list and owner of five championship rings, he is an undisputed all-time great, one deserving of this deep and definitive biography. Even within the flashiest franchise in all of sports -- the Los Angeles Lakers, where he played his entire career -- Bryant always took center stage, and his final game captivated the basketball world, indeed the country. Roland Lazenby delves deep to look behind this public image, using classic basketball reporting and dozens of new interviews to reveal the whole picture, from Bryant's childhood through his playing years. Showboats filled with large personalities and provocative stories, including details of Bryant's complicated personal life and explosive relationships on the court, and is a riveting and essential read for every hoops fan.

"Through candor and comprehensiveness, Jackson writes a convincing revisionist take, in which he emerges as an excellent coach . . . highly readable . . . reflects Jackson's polymathy." —The New York Times Book Review "Part sports memoir, part New Age spirit quest, part pseudo-management tract . . . But the primary thing with Jackson—as with all the old bards, who were also known for repeating themselves—is the voice." —Sam Anderson, The New York Times Magazine A New York Times Bestseller The inside story of one of basketball's most legendary and game-changing figures During his storied career as head coach of the Chicago Bulls and Los Angeles Lakers, Phil Jackson won more championships than any coach in the history of professional sports. Even more important, he succeeded in never wavering from coaching his way, from a place of deep values. Jackson was tagged as the "Zen master" half in jest by sportswriters, but the nickname speaks to an important truth: this is a coach who inspired, not goaded; who led by awakening and challenging the better angels of his players' nature, not their egos, fear, or greed. This is the story of a preacher's kid from North Dakota who grew up to be one of the most innovative leaders of our time. In his quest to reinvent himself, Jackson explored everything from humanistic psychology and Native American philosophy to Zen meditation. In the process, he developed a new approach to leadership based on freedom, authenticity, and selfless teamwork that turned the hypercompetitive world of professional sports on its head. In *Eleven Rings*, Jackson candidly describes how he: • Learned the secrets of mindfulness and team chemistry while playing for the champion New York Knicks in the 1970s • Managed Michael Jordan, the greatest player in the world, and got him to embrace selflessness, even if it meant losing a scoring title • Forged successful teams out of players of varying abilities by getting them to trust one another and perform in sync • Inspired Dennis Rodman and other "uncoachable" personalities to devote themselves to something larger than themselves • Transformed Kobe Bryant from a rebellious teenager into a mature leader of a championship team. Eleven times, Jackson led his teams to the ultimate goal: the NBA championship—six times with the Chicago Bulls and five times with the Los Angeles Lakers. We all know the legendary stars on those teams, or think we do. What *Eleven Rings* shows us, however, is that when it comes to the most important lessons, we don't know very much at all. This book is full of revelations: about fascinating personalities and their drive to win; about the wellsprings of motivation and competition at the highest levels; and about what it takes to bring out the best in ourselves and others.

The UCLA Bruins coach pays tribute to the individuals who helped foster the values that shaped his career, and shares interviews with people he mentored throughout the years, including Kareem Abdul-Jabbar and Bill Walton.

The basketball legend shares his adventures coaching a team of White Mountain Apache kids in the basics of the game, and life, learning a good deal along the way about his own love of the game. Original.

"Nolan Richardson's extraordinary life and success as the University of Arkansas' coach are an important chapter in the history of our country's struggle for racial equality, with all the excitement of the Final Four. What an incredible journey!" —President Bill Clinton *Forty Minutes of Hell* by Rus Bradburd is an intricate exploration of the politics of race and sports, from the Jim Crow era until today, witnessed through the life of legendary African-American basketball coach and NCAA Title winner Nolan Richardson. A remarkable story of pride, courage, and accomplishment in the face of discrimination, *Forty Minutes of Hell* is also a fascinating window into the world of elite collegiate sports. NBA legend Charles Barkley calls this inspiring and important biography, "A great story about America and its hidden histories....Every American should thank [Richardson] for showing us it was possible."

On March 18, 1980, the Duke basketball program announced the hiring Mike Krzyzewski, the man who would restore glory to the team. The only problem: no one knew who Krzyzewski was. Nine days later, Jim Valvano was hired by North Carolina State to be their new head coach. The hiring didn't raise as many eyebrows, but the two new coaches had a similar goal: to unseat North Carolina's Dean Smith as the king of college basketball. And just like that, the most sensational competitive decade in the history of the NCAA was about to unfold. *The Legends Club* captures an era in American sports and culture as John Feinstein pulls back the curtain on the recruiting wars, the intensely personal rivalries that weren't always friendly, the enormous pressure and national stakes, and the battle for the very soul of college basketball.

An opinionated tour of the past, present, and future of pro basketball, written by ESPN's "Sports Guy" columnist, shares insights on everything from major NBA events and underrated players to how Hall of Famers should be selected.

L.A. Lakers coach Phil Jackson shares his experience of combining sports and spirituality to lead his team to success, explaining how to nurture a positive group dynamic and detailing the methods he uses to teach his players how to think collectively, overcome anger, and look beyond jealousy. Reissue.

Ernie Johnson Jr. has been in the game a long time. With one of the most recognized voices in sports broadcasting, he is a tireless perfectionist when it comes to preparing and delivering his commentary. Yet he knows that some of sports' greatest triumphs--and life's greatest rewards--come from those unscripted moments you never anticipated. In this heartfelt, gripping autobiography, the three-time Sports Emmy Award-winner and popular host of TNT's Inside the NBA provides a remarkably candid look at his life both on and off the screen. From his relationship with his sportscaster father to his own rise to the top of sports broadcasting, from battling cancer to raising six children with his wife, Cheryl, including a special needs child adopted from Romania, Ernie has taken the important lessons he learned from his father and passed them on to his own children. This is the untold story, the one Ernie has lived after the lights are turned off and the cameras stop rolling. Sports fans, cancer survivors, fathers and sons, adoptive parents, those whose lives have been touched by a person with special needs, anyone who loves stories about handling life's surprises with grace--Unscripted is for all of these.

More than a Game covers the years that follow the one featured in the ESPN documentary series "The Last Dance." After leaving the Bulls at the end of the 1997-1998 season—the year featured in the new ESPN documentary series "The Last Dance"—Phil Jackson had one year off and started to write this book—together with his old friend, fellow player and coach, the basketball novelist Charley Rosen. Then Phil took the LA Lakers coaching job, Rosen followed him there, and by the time they finished writing this book it was 2000 and Phil had won yet another NBA championship, the first of five he would win with his new team. In More than a Game, Jackson and Rosen look backward to their origins as players and coaches, forward to the future of the game of basketball, and linger in the moving target of the present—lavishing page after page on the Triangle Offense and all the ways it reveals the essence of the game of basketball they both love so much. This is Jackson in his prime, transitioning from the Bulls to the Lakers, a master of the art of winning, who would go on to claim more NBA championships, eleven, than any other coach in NBA history. As he writes in More than a Game of his newest championship team: "We won because our fundamentals were sound, because Shaq was so dominant and Kobe was so creative, but we also won because we developed a certain confidence in our ability to win."

With a new introduction, Phil Jackson's modern classic of motivation, teamwork, and Zen insight is updated for a whole new readership "Not only is there more to life than basketball, there's a lot more to basketball than basketball." --Phil Jackson Eleven years ago, when Phil Jackson first wrote these words in Sacred Hoops, he was the triumphant head coach of the Chicago Bulls, known for his Zen approach to the game. He hadn't yet moved to the Los Angeles Lakers, with whom he would bring his total to an astounding nine NBA titles. In his thought-provoking memoir, he revealed how he directs his players to act with a clear mind -- not thinking, just doing; to respect the enemy and be aggressive without anger or violence; to live in the moment and stay calmly focused in the midst of chaos; to put the "me" in service of the "we" -- all lessons applicable to any person's life, not just a professional basketball player's. This inspiring book went on to sell more than 400,000 copies. In his new introduction, Jackson explains how the concepts in Sacred Hoops are relevant to the issues facing his current team -- and today's reader.

Celebrate one of the greatest and most beloved baseball players who ever lived—and certainly the most quoted. The Yogi Book is the New York Times bestseller filled with Yogi Berra's immortal sayings, plus photographs, a career timeline, and appreciations by some of his greatest fans, including Billy Crystal and Tim McCarver. Yogi Berra's gift for saying the smartest things in the funniest, most memorable ways has made him a legend. The Yogi Book brings all of his famous quotes together in one place—and even better, gives the story behind them. "It ain't over till it's over."—that's Yogi's answer to a reporter when he was managing the Mets in July 1973, and they were nine games out of first place (not only quotable, but prophetic—they won the pennant). "Nobody goes there anymore. It's too crowded."—Yogi's comment to Stan Musial and Joe Garagiola about Ruggeri's restaurant in St. Louis in 1959. "It gets late early out there."—Yogi describing how shadows crept across Yankee Stadium's left field during late autumn afternoons. The pro-basketball coach and popular motivational speaker presents his recipe for leadership, personal growth, and control of shifting dynamics, showing how to forge strong groups that can work together to create success. 225,000 first printing.

Chicago Bulls coach Phil Jackson shares his experience of combining sports and spirituality to lead his team to success, explaining how to nurture a positive group dynamic and detailing the methods he uses to teach his players how to think collectively, overcome anger, and look beyond jealousy. Reprint.

An inside look at the season that proved to be the final ride of a truly great dynasty—Kobe Bryant, Shaq, and the LA Lakers For the countless basketball fans who were spellbound by the Los Angeles Lakers' 2003–2004 high-wire act, this book is a rare and phenomenal treat. In The Last Season, Lakers coach Phil Jackson draws on his trademark honesty and insight to tell the whole story of the season that proved to be the final ride of a truly great dynasty. From the signing of future Hall-of-Famers Karl Malone and Gary Payton to the Kobe Bryant rape case/media circus, this is a riveting tale of clashing egos, public feuds, contract disputes, and team meltdowns that only a coach, and a writer, of Jackson's candor, experience, and ability could tell. Full of tremendous human drama and offering lessons on coaching and on life, this is a book that no sports fan can possibly pass up.

Fifteen years ago, psychologist and educator Howard Gardner introduced the idea of multiple intelligences, challenging the presumption that intelligence consists of verbal or analytic abilities only -- those intelligences that schools tend to measure. He argued for a broader understanding of the intelligent mind, one that embraces creation in the arts and music, spatial reasoning, and the ability to understand ourselves and others. Today, Gardner's ideas have become widely accepted -- indeed, they have changed how we think about intelligence, genius, creativity, and even leadership, and he is widely regarded as one of the most important voices writing on these subjects. Now, in Extraordinary Minds , a book as riveting as it is new, Gardner poses an important question: Is there a set of traits shared by all truly great achievers -- those we deem extraordinary -- no matter their field or the time period within which they did their important work? In an attempt to answer this question, Gardner first examines how most of us mature into more or less competent adults. He then examines closely four persons who lived unquestionably

extraordinary lives -- Mozart, Freud, Woolf, and Gandhi -- using each as an exemplar of a different kind of extraordinariness: Mozart as the master of a discipline, Freud as the innovative founder of a new discipline, Woolf as the great introspect or, and Gandhi as the influencer. What can we learn about ourselves from the experiences of the extraordinary? Interestingly, Gardner finds that an excess of raw power is not the most impressive characteristic shared by superachievers; rather, these extraordinary individuals all have had a special talent for identifying their own strengths and weaknesses, for accurately analyzing the events of their own lives, and for converting into future successes those inevitable setbacks that mark every life. Gardner provides answers to a number of provocative questions, among them: How do we explain extraordinary times -- Athens in the fifth century B.C., the T'ang Dynasty in the eighth century, Islamic Society in the late Middle Ages, and New York at the middle of the century? What is the relation among genius, creativity, fame, success, and moral extraordinariness? Does extraordinariness make for a happier, more fulfilling life, or does it simply create a special onus?

#1 New York Times Bestseller From the mind of basketball legend and Academy Award–winning storyteller Kobe Bryant comes this radically original portrait of five young basketball players, one enlightening coach, and the awesome transformative power of the game. Filled with insights about the mental stamina and emotional clarity that peak performance requires, this is an indispensable story for young athletes, coaches, educators, and anyone interested in the astonishing potential of team sports to unlock individual growth. **THE GAME WILL NEVER BE THE SAME** Magic doesn't seem possible for the West Bottom Badgers. They're the lowest-ranked basketball team in their league, and they live in the poorest neighborhood in Dren. Nobody expects them to succeed at anything. Plus, every kid on the team has secret struggles of his own. When a new coach named Professor Wizenard arrives on the first day of training camp, the Badgers can't explain the magical-seeming things they see and hear. Every player experiences unique and strange visions—visions that challenge everything they thought they knew about basketball, and about their lives and their secrets off the court. To survive the increasingly intense ordeals of training, the Badgers will need to take unimaginable risks, learn to trust their teammates, and confront the darkness within themselves.

Recounts the life and achievements of the troubled 1970s basketball star, from his relationship with his obsessive father and unbroken college scoring record to the personal demons that challenged his life and his evangelical Christian faith.

Reminiscent of Phil Jackson's SACRED HOOPS, Tamir Goodman's Triple Threat explores physical, mental, and spiritual lessons, on and off the court. Tamir Goodman was dubbed "The Jewish Jordan" by SPORTS ILLUSTRATED for the unorthodox combination of basketball prowess and devout faith that he brought with him onto the court as a top-ranked high school recruit, D-I and professional basketball player. Goodman's book features practical basketball training tips, strategies to contend with the mental side of the game, and game-like scenarios to demonstrate how this advice will pay off on the court. The book also takes readers on a fascinating journey through Goodman's career, a highlight of which includes Goodman making history as the first Jewish player to play D-I and professional basketball while wearing a yarmulke and refraining from playing on the Jewish Sabbath. By weaving the hands-on advice with the intriguing personal stories, Goodman examines the basketball fundamentals of shooting, ball-handling and passing from the physical, mental and spiritual perspectives and assigns each of these moves a deeper meaning. Goodman uses examples from his career to make the point that adding an individualized spiritual element to physical and mental training can help athletes take their game to the next level, while also helping them to identify and achieve meaningful success on the court and in life. "The nickname 'Jewish Jordan' might roll off the tongue, but Tamir Goodman's journey to realize his basketball dreams was no breeze. I thoroughly enjoyed reliving all the twists and turns through HIS eyes—one of the finest sportsmen and ambassadors that our people have ever known – in this captivating book." —Marc Stein, ESPN NBA Reporter "... an inspiring book with expert basketball advice that is great for players of all levels." —Omri Casspi, Small Forward for the NBA's Cleveland Cavaliers "... a fascinating look at one man's talents on the court, in his soul, and with an ultimate higher purpose. This book is for anyone interested in the skills of serious sportsmanship and the nuances of living an integrated and rich religious life. Tamir takes the concept of athleticism as a meaningful pursuit to the highest and most profound level. What a wonderful, joyful and superbly elegant exploration into the worlds of sports, religion, and life's purpose." —Mayim Bialik, Ph.D., CLEC, Actress—The Big Bang Theory "As a DC area native, I have crystal clear memories of the Jewish Jordan phenomena and the national attention his story created. While he was obviously an exceptional basketball player, it was his unparalleled commitment to his faith that made him so impressive. This book is a refreshing look at what it takes to be successful on and off the court. It is a must read for all players and coaches. I couldn't put it down." —Alan Stein, Professional Basketball Strength & Conditioning Coach "I have had the honor and privilege of watching Tamir Goodman conduct a basketball camp for children, so I have seen him put these words into action. For all the wonderful advice included in Triple Threat, it is his combined love affair with basketball and Judaism, and his spiritual devotion to both that stands out for me. His playing career was far too short, but his passion for his game—and his God—endures." —Mary Schmitt Boyer, sportswriter and President of the Professional Basketball Writers Association

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