

Sweet Salt Water And The Dutch Paperback

Detective Alex Morrow discovers that the darkest secrets never stay buried as she investigates the criminal underbelly of a seemingly tranquil seaside town. For reasons she can't quite explain, Alex Morrow is addicted to watching surveillance footage of Roxanna Fuentes--a gorgeous Spanish mother of two, in a tempestuous relationship with her boyfriend, who recently relocated to Glasgow under mysterious circumstances. She is also Morrow's prime suspect in an investigation that resembles a soap opera, filled with glamorous jetsetters and enough money to interest the highest levels of law enforcement. Until Roxanna vanishes. Morrow traces Roxanna's steps to Helensburgh, a sleepy, picturesque seaside community. But behind the idyllic Victorian homes and quaint storefronts, darkness lurks. Home to a man with blood on his hands who is haunted by guilt, a mysterious woman with ulterior motives back in town for the first time in decades, a sexually frustrated restaurateur looking to blow off steam, and a crew of vicious small-time gangsters blindly following orders, it's a town ruled by base instincts where no one is quite what they seem. And it's the perfect place to get rid of someone. When she uncovers an unsettling connection to Roxanna's job back in Glasgow, Morrow suspects that her missing person is more than a white-collar criminal on the lam--she may also be a victim caught up in a sophisticated conspiracy that stretches far beyond Helensburgh and is more personal than Morrow ever imagined. As the truth rises to the surface and the conflicts that lie beneath Helensburgh's calm waters threaten to explode, Morrow must find Roxanna before any hope of solving the case disappears with her. A gripping tale of greed, power, and vengeance, *Blood, Salt, Water* is a masterful crime novel from Denise Mina that confirms her reputation as "one of the genre's bright stars" (George Pelecanos).

Can the bonds of friendship weather a betrayal? Charlotte and Nicole were once best friends, spending long, idyllic summers together in Nicole's family home on the island of Quinipeague, but they have since grown apart. After ten years, their writing careers bring them back together - to write a cookbook about island food in their childhood haven. When both women reunite, it becomes clear that they are both guarding secrets of the years spent apart. But when Charlotte learns that her secret is the key to saving Nicole's husband's life, she must face her painful past and risk the consequences that honesty might bring ...

A Washington Post bestselling cookbook Become the favorite family chef with 100 tested, perfected, and family approved recipes. The healthy cookbook for every meal of the day: Once upon a time, Jenn Segal went to culinary school and worked in fancy restaurants. One marriage and two kids later she created Once Upon a Chef, the popular blog that applies her tried and true chef skills with delicious, fresh, and approachable ingredients for family friendly meals. With the authority of a professional chef and the practicality of a busy working mom, Jenn shares 100 recipes that will up your kitchen game while surprising you with their ease. • Helpful tips on topics such as how to season correctly with salt, how to balance flavors, and how to make the most of leftovers. • Great recipes for easy weeknight family dinners kids will love, indulgent desserts, fun cocktails, exciting appetizers, and more. • Jenn Segal is the founder of Once Upon a Chef, the popular blog showcasing easy, family friendly recipes from a chef's point of view. Her recipes have been featured on numerous websites, magazines, and television programs. Fans of Chrissy Teigen, Skinnytaste, Pioneer Woman, Oh She Glows, Magnolia Table, and Smitten Kitchen will love Once Upon a Chef, the Cookbook. With 100 tested, perfected, and family approved recipes with helpful tips and tricks to improve your cooking. • Breakfast favorites like Maple, Coconut & Blueberry Granola and Savory Ham & Cheese Waffles • Simple soups, salads and sandwiches for ideal lunches like the Fiery Roasted Tomato Soup paired with Smoked Gouda & Pesto Grilled Cheese Sandwiches • Entrées the whole family will love like Buttermilk Fried Chicken Tenders • Tasty treats for those casual get togethers like Buttery Cajun Popcorn and Sweet, Salty & Spicy Pecans • Go to sweets such as Toffee Almond Sandies and a Classic Chocolate Lover's Birthday Cake

Ask Tom Why is a collection of articles originally written by Tom Skilling for his Chicago Tribune column of the same name. Skilling, who is WGN-TV's chief meteorologist, answers questions covering all topics pertaining to weather, the sky, and our environment. Split into three sections, the book covers storms and inclement weather; the sun, moon, and sky; and temperature — all expressed with the authority and accuracy of Chicago's favorite meteorologist. Skilling's nearly forty years in the meteorology field make him one of the most trusted voices in a city known for its erratic weather. From the mundane to the anomalous, Skilling explains all things weather in a way that is easy for readers of any age to understand. Ask Tom Why is the first collection of its kind, and a fantastic read for weather enthusiasts, and anyone who grew up reading, listening, and watching Tom Skilling.

As she sits in an infirmary and is questioned by a faith healer, Velma Henry probes her reasons for attempting to commit suicide, and the healing that takes place affects the lives of her town's Black inhabitants

The World of the Salt Marsh is a wide-ranging exploration of the southeastern coast—its natural history, its people and their way of life, and the historic and ongoing threats to its ecological survival. Focusing on areas from Cape Hatteras, North Carolina, to Cape Canaveral, Florida, Charles Seabrook examines the ecological importance of the salt marsh, calling it “a biological factory without equal.” Twice-daily tides carry in a supply of nutrients that nourish vast meadows of spartina (*Spartina alterniflora*)—a crucial habitat for creatures ranging from tiny marine invertebrates to wading birds. The meadows provide vital nurseries for 80 percent of the seafood species, including oysters, crabs, shrimp, and a variety of finfish, and they are invaluable for storm protection, erosion prevention, and pollution filtration. Seabrook is also concerned with the plight of the people who make their living from the coast's bounty and who carry on its unique culture. Among them are Charlie Phillips, a fishmonger whose livelihood is threatened by development in McIntosh County, Georgia, and Vera Manigault of Mount Pleasant, South Carolina, a basket maker of Gullah-Geechee descent, who says that the sweetgrass needed to make her culturally significant wares is becoming scarcer. For all of the biodiversity and cultural history of the salt marshes, many still view them as vast wastelands to be drained, diked, or “improved” for development into highways and subdivisions. If people can better understand and appreciate these ecosystems, Seabrook contends, they are more likely to join the growing chorus of scientists, conservationists, fishermen, and coastal visitors and residents calling for protection of these truly amazing places.

NEW YORK TIMES BESTSELLER • From Portland's most acclaimed and beloved baker comes this must-have baking guide, featuring recipes for world-class breads and pizzas and a variety of schedules suited for the home baker. There are few things more satisfying than biting into a freshly made, crispy-on-the-outside, soft-and-supple-on-the-inside slice of perfectly baked bread. For Portland-based baker Ken Forkish, well-made bread is more than just a pleasure—it is a passion that has led him to create some of the best and most critically lauded breads and pizzas in the country. In *Flour Water Salt Yeast*, Forkish translates his obsessively honed craft into scores of recipes for rustic boules and Neapolitan-style pizzas, all suited for the home baker. Forkish developed and tested all of the recipes in his home oven, and his impeccable formulas and clear instructions result in top-quality artisan breads and pizzas that stand up against those sold in the best bakeries anywhere. Whether you're a total beginner or a serious baker, *Flour Water Salt Yeast* has a recipe that suits your skill level and time constraints: Start with a straight dough and have fresh bread ready by supper time, or explore pre-ferments with a bread that uses biga or poolish. If you're ready to take your baking to the next level, follow Forkish's step-by-step guide to making a levain starter with only flour and water, and be amazed by the delicious complexity of your naturally leavened bread. Pizza lovers can experiment with a variety of doughs and sauces to create the perfect pie using either a pizza stone or a cast-iron skillet. *Flour Water Salt Yeast* is more than just a collection of recipes for amazing bread and pizza—it offers a complete baking education, with a thorough yet accessible explanation of the tools and techniques that set artisan bread apart. Featuring a tutorial on baker's percentages, advice for manipulating ingredients ratios to create custom doughs, tips for adapting bread baking schedules to fit your day-to-day life, and an entire chapter that demystifies the levain-making process, *Flour Water Salt Yeast* is an indispensable resource for bakers who want to make their daily bread exceptional bread.

The truth can set you free... or completely destroy you... Morgan Allen has neither the time nor the patience for shenanigans. Running her wedding photography business by day and searching for new evidence in the cold-case death of her mother by night leaves no room in her life for much else. Too bad her infuriatingly charming videographer seems so intent on overwhelming her with shenanigans and forcing his way into her heart ... Luke Pierce has no idea why Morgan is so resistant to his charms. All he knows for sure is that he's willing to do anything to change her mind about him—even if it means going against the deeply ingrained instincts that normally cause him to run from anything too complicated or emotional. Something tells him Morgan's worth the effort... and the potential broken heart. But just as Luke begins to win Morgan over—just as she begins to let him win her over—a dark secret surfaces, threatening to ruin everything they've built together. When all is said and done, will the truth Morgan's been searching for destroy her chance at happily ever after with Luke? In book two of the Westcott Bay series, return to San Juan Island and get the full story of Margie's wedding planning, Jade's new digs and Morgan's shot at a happily ever after!

Now a USA TODAY bestseller "Taking place on Washington State's Puget Sound, this follow-up to *The View from Rainshadow Bay* features delightful characters and an evocative, atmospheric setting. Ideal for fans of romantic suspense." --Library Journal
The dangerous beauty of *Lavender Tides* is harboring secrets that reach around the world. Ellie Blackmore is making a name for herself as a house flipper. But when her sister Mackenzie disappears, Ellie can't focus on anything but uncovering what happened. Her only clue is the bloodstain on the deck of Mackenzie's boat. Ellie knows her sister isn't on the best of terms with her ex-husband, Jason, but he wouldn't kill her—would he? Coast Guard intelligence officer Grayson Bradshaw believes Mackenzie faked her own death after stealing a seized cocaine shipment. The problem is convincing Ellie, who seems to view him as the true enemy. Both Ellie and Grayson want truth, but truth—and family—is often more complex than it first appears. From international terrorism to the peaceful lavender fields of Puget Sound, *The House at Saltwater Point* is a thrilling race to uncover the truth before it's too late.

AN INSTANT NEW YORK TIMES BESTSELLER / AN OPRAH'S BOOK CLUB PICK PRESIDENT OBAMA'S SUMMER 2021 READING LIST In the spirit of *The Known World* and *The Underground Railroad*, "a miraculous debut" (*Washington Post*)? and "a towering achievement of imagination" (*CBS This Morning*) about the unlikely bond between two freedmen who are brothers and the Georgia farmer whose alliance will alter their lives, and his, forever—from "a storyteller with bountiful insight and assurance" (*Kirkus*) A *New York Times* Book Review Editors' Choice A July Indie Next Pick In the waning days of the Civil War, brothers Prentiss and Landry—freed by the Emancipation Proclamation—seek refuge on the homestead of George Walker and his wife, Isabelle. The Walkers, wracked by the loss of their only son to the war, hire the brothers to work their farm, hoping through an unexpected friendship to stanch their grief. Prentiss and Landry, meanwhile, plan to save money for the journey north and a chance to reunite with their mother, who was sold away when they were boys. Parallel to their story runs a forbidden romance between two Confederate soldiers. The young men, recently returned from the war to the town of Old Ox, hold their trysts in the woods. But when their secret is discovered, the resulting chaos, including a murder, unleashes convulsive repercussions on the entire community. In the aftermath of so much turmoil, it is Isabelle who emerges as an unlikely leader, proffering a healing vision for the land and for the newly free citizens of Old Ox. With candor and sympathy, debut novelist Nathan Harris creates an unforgettable cast of characters, depicting Georgia in the violent crucible of Reconstruction. Equal parts beauty and terror, as gripping as it is moving, *The Sweetness of Water* is an epic whose grandeur locates humanity and love amid the most harrowing circumstances.

A slow-burn romance in a cutthroat kitchen! There's more to becoming a top chef for 17-year-old Isabella Fields than just not getting chopped ... especially when the chances of things heating up with an intriguing boy and becoming a food star in the kitchen are both on the chopping block. Aspiring chef Isa's family life has fallen apart after the death of her Cuban abuela and the divorce of her parents. She moves in with her dad and her new stepmom, Margo, in Lyon, France, where Isa feels like an outsider in her father's new life. Isa balances her time between avoiding the awkward, "why-did-you-cheat-on-Mom" conversation with figuring out how a perpetually single woman can at least be a perpetually single chef. The upside of Isa's world being turned upside-down? Her father's house is located only 30 minutes away from the restaurant of world-famous Chef Pascal Grattard, who runs a prestigiously competitive international kitchen apprenticeship. The prize job at Chef Grattard's renowned restaurant also represents a transformative opportunity for Isa who is desperate to get her life back in order—and desperate to prove she has what it takes to work in an haute kitchen. But Isa's stress and repressed grief begin to unravel when the attractive, enigmatic Diego shows up unannounced with his albino dog. How can Isa expect to hold it together when she's at the bottom of her class at the apprenticeship, her new stepmom is pregnant, she misses her abuela dearly, and things with the mysterious Diego reach a boiling point? *Salty, Bitter, Sweet: Is* a YA contemporary #OwnVoices novel written by CNN producer Mayra Cuevas Features a Latina main character who is trilingual Is inspired by the author's relationships with food and family Explores complicated family dynamics and relatable themes of friendship, acceptance, and learning to care for yourself

The need for fresh water is increasing with the rapid growth of the world's population. In countries and regions with available water resources, it is necessary to ensure the health and safety of the water supply. However, in countries and regions with limited freshwater resources, priority is given to water supply plans and projects, among which the desalination strategy stands out. In the desalination process, membrane and thermal processes are used to obtain fresh water from salty water that is in abundant amounts in the sea. This book will outline valuable scientific contributions to the new desalination and water treatment technologies to obtain high quality water with low negative environmental impacts and cost. The editors would like to record their sincere thanks to the authors for their contributions.

It's never too late for a fresh start...especially on San Juan Island... Tiffany Clifton knew that quitting her big city job and taking on small town life would be an adjustment. She was even prepared to work for her sister and confront just how far off-course her life had gone. What she was not at all ready for was having to verbally spar with a grumpy and ridiculously handsome developer Sidney on a regular basis. Sidney Burke learned the hard way that romance isn't for him. So, he'd like nothing more than to avoid the lovely Tiffany. But if he wants to do business with her sister, that's not an option. He'll just have to somehow stay focused and ignore his inconvenient attraction to the woman who could so easily break down all the walls around his heart. If Tiffany and Sidney want to take a shot at love, they have much to overcome...including the inconvenient secret that Tiffany's keeping. Will their foundation be strong enough to survive the trouble ahead—or will their happily ever after slip through the cracks? Between this new romance and the murder trial for Morgan's mom, things only get more exciting in the fourth installment of the Westcott Bay series. Get your copy of *Saltwater Crossing* today and get lost in this sweet story of family, love, and starting over!

From the acclaimed author of *Just Add Magic*—now a hit streaming original series—comes a sweet novel about two sisters on summer vacation that explores the intricate bonds of a blended family. Stella and Josie live for their summers at the boardwalk—each one a carbon copy of the last. Josie lives in Australia most of the year; her half-sister, Stella, lives in New Jersey. But every year, they come together for a beach vacation with their dad, and to make more memories. The real excitement for them is their secret special place under the boardwalk, where they hide their sister scrapbook, adding memories from each summer. But this summer feels different. Josie isn't the same—she's turned into one of the popular girls that Stella can't stand. Despite the rocky start to their vacation, they still go to their secret, special place under the boardwalk, adding memories to their sister scrapbook once again. That is, until that place is discovered by the owners of the newest store—the Smoothie Factory, which replaced Josie's favorite sweet spot. Not only have the owners of the Smoothie Factory discovered the cove, they are exploiting the natural habitat, and endangering marine life and everyone at the beach! It's up to Josie and Stella to figure out how to stop their beloved boardwalk from disappearing for good.

"Lucid, evocative and richly detailed."—Jay Parini, author of *The Apprentice* Both the Romans and the Greeks were attracted to the dramatically beautiful coasts and fertile plains of the region later known as "The Kingdom of the Two Sicilies." In fact, all myriad influences that shaped modern civilization in the Mediterranean come together in Southern Italy and Sicily. The world's first secular university was founded in Naples. Many of the elements of Italian culture as we now know it in the rest of the world—from comic opera to pizza—were born in the South. Art and music flourished there, as did progressive ideas about education, tolerance, and civic administration. Native Neopolitan and distinguished scholar Tommaso Astarita gives us a history both erudite and full of personality—from the freethinking, cosmopolitan King Frederick who conferred with Jewish and Muslim philosophers (and dared to meet with the Sultan) to the fisherman Masaniello who inspired artists and revolutionaries across Europe. In the medieval South, Jews, Muslims, and Greek and Latin Christians could practice their religions, speak their languages, and live in mostly peaceful cohabitation. From the sixteenth to the eighteenth century, Naples was on par with Paris, one of the largest and most cultured cities in Europe. During the Enlightenment, southern Italy captured the European imagination, and many people traveled far and wide to enjoy southern Italy's ancient ruins, beautiful landscapes, sweet music, and magnificent art, marveling at the lively temperament of the southern population. The drama and beauty of the region inspired visitors to claim that one had to "see Naples, and then die." Yet negative images of the Italian South's poverty, violence, superstition and nearness to Africa long fueled stereotypes of what was and was not acceptably "European." Goethe noted that he had gladly studied in Rome, but in Naples he wanted "only to live," for "Naples is a Paradise: everyone lives in a state of intoxicated self-forgetfulness, myself included. From the Normans and Angevins through Spanish and Bourbon rule to the unification of Italy in 1860 and the subsequent emigration of vast numbers of Southern Italians, *Between Salt Water and Holy Water* captures the rich, dynamic past of a vibrant land.

The third book in the critically acclaimed and bestselling series! Knitted gifts are treasured, whatever the season. Designs unique to Newfoundland are made to keep loved ones warm all year long -- even during early summer when icebergs chill the air in the region. Capture your heart's desire with a spring cap or bonnet. Explore the spectacular coastline wearing knitted socks and fine woolen gloves. Prepare for the cool months of autumn and winter with fashionable trigger mitts and hats. And warm up your home with cozy cushions and lovely tea cozies. With this latest in the best-selling *Saltwater Knits* series, Christine LeGrow and Shirley A. Scott offer some of Newfoundland's most beloved knitwear designs. They also reveal the cultural heritage of these distinctive patterns and demonstrate why they are highly valued by those who live on this island known as "The Rock." Vivid photographs provide inspiration, but you are also encouraged to select your own colors -- thereby making your gifts distinctive. Like other books in this series, *Saltwater Gifts* includes tips, tricks, and stories. All patterns are rated by difficulty and clearly presented for today's knitters.

Environmental problems in coastal ecosystems can sometimes be attributed to excess nutrients flowing from upstream watersheds into estuarine settings. This nutrient over-enrichment can result in toxic algal blooms, shellfish poisoning, coral reef destruction, and other harmful outcomes. All U.S. coasts show signs of nutrient over-enrichment, and scientists predict worsening problems in the years ahead. *Clean Coastal Waters* explains technical aspects of nutrient over-enrichment and proposes both immediate local action by coastal managers and a longer-term national strategy incorporating policy design, classification of affected sites, law and regulation, coordination, and communication. Highlighting the Gulf of Mexico's "Dead Zone," the Pfiesteria outbreak in a tributary of Chesapeake Bay, and other cases, the book explains how nutrients work in the environment, why nitrogen is important, how enrichment turns into over-enrichment, and why some environments are especially susceptible. Economic as well as ecological impacts are examined. In addressing abatement strategies, the committee discusses the importance of monitoring sites, developing useful models of over-enrichment, and setting water quality goals. The book also reviews voluntary programs, mandatory controls, tax incentives, and other policy options for reducing the flow of nutrients from agricultural operations and other sources.

Whether you've never picked up a knife or you're an accomplished chef, there are only four basic factors that determine how good your food will taste. Salt, Fat, Acid, and Heat are the four cardinal directions of cooking, and they will guide you as you choose which ingredients to use and how to cook them, and they will tell you why last minute adjustments will ensure that food tastes exactly as it should. This book will change the way you think about cooking and eating, and help you find your bearings in any kitchen, with any ingredients, while cooking any meal. --

Presents recipes ranging in difficulty with the science and technology-minded cook in mind, providing the science behind cooking, the physiology of taste, and the techniques of molecular gastronomy.

Second chances...and the secrets that sabotage them. At 48 years old, Margie Clifton never expected to be starting her life all over again. But when her brother gifts her a property on San Juan Island, that's exactly what she decides to do. After all, it's the perfect place to start a new business venture, provide a second home for her adult children, and recover from her nasty divorce. And if her new life happens to involve the town's gruff and ruggedly handsome Chief Deputy Sheriff? All the better. The last thing Hank Kowalski wants is an emotional entanglement. It's only been two years since his beloved wife passed, and there's no way his daughter is ready to accept him dating anyone new. Still, there's something about Margie's quiet strength and beauty that draws him in, making him wonder if maybe a fresh start—and possibly a new love—is exactly what he needs in his life. But Margie is harboring a secret—a dark one that threatens to destroy the new life she's worked so hard to build. Can Margie and Hank find the courage and faith to overcome all that stands between them? Or will their second chance at happily ever after be lost forever?

Biological and Behavioral Aspects of Salt Intake presents the developmental, social, and anthropological aspects of salt intake. This book explores the existing knowledge of those factors that influence man's appetite for salt. Organized into five parts encompassing 28 chapters, this book starts with an overview of the pathological and physiological importance attached to levels of salt intake in health and in disease. This text then examines the scientific information concerning the nature of man's appetite for salt and the variations of that appetite as an expression of biological needs, behavioral patterns, differing environmental conditions, and normal or disturbed physiology. Other chapters examine the plasma renin activity, urinary sodium excretion, and taste responses of hypertensive and normotensive individuals. The final chapter explores the relations between taste, intake, preference, and hypertension. This book is a valuable resource for nutritionists, food scientists, and researchers interested in the planning of nutritional programs in public health or therapeutic regimens.

The diaries of a remarkable young woman who was determined to live a meaningful and happy life despite her struggle with cystic fibrosis and a rare superbug—from age fifteen to her death at the age of twenty-five “An exquisitely nuanced chronicle of a terrified but hopeful young woman whose life was beginning and ending, all at once.”—Los Angeles Times Diagnosed with cystic fibrosis at the age of three, Mallory Smith grew up to be a determined, talented young woman who inspired others even as she privately raged against her illness. Despite the daily challenges of endless medical treatments and a deep understanding that she’d never lead a normal life, Mallory was determined to “Live Happy,” a mantra she followed until her death. Mallory worked hard to make the most out of the limited time she had, graduating Phi Beta Kappa from Stanford University, becoming a cystic fibrosis advocate well known in the CF community, and embarking on a career as a professional writer. Along the way, she cultivated countless intimate friendships and ultimately found love. For more than ten years, Mallory recorded her thoughts and observations about struggles and feelings too personal to share during her life, leaving instructions for her mother to publish her work posthumously. She hoped that her writing would offer insight to those living with, or loving someone with, chronic illness. What emerges is a powerful and inspiring portrait of a brave young woman and blossoming writer who did not allow herself to be defined by disease. Her words offer comfort and hope to readers, even as she herself was facing death. *Salt in My Soul* is a beautifully crafted, intimate, and poignant tribute to a short life well lived—and a call for all of us to embrace our own lives as fully as possible.

Racing to freedom with thousands of other refugees as Russian forces close in on their homes in East Prussia, Joana, Emilia, and Florian meet aboard the doomed Wilhelm Gustloff and are forced to trust each other in order to survive. “Transcendent . . . a love letter to the cuisine and the culture of the South Atlantic Coast . . . delectable recipes and stories.” —Edward Lee, James Beard Award-winning chef and author Whitney Otawka is the award-winning chef of Greyfield, a celebrated Carnegie-built inn located on Cumberland Island, Georgia—a magical and remote barrier island that has been left undeveloped as a National Seashore. Cumberland Island and the exceptional local ingredients to be found there are Otawka’s muse, inspiring her to celebrate the beloved food found along the Southeast coast. Offering a modern perspective on southern flavors with a strong emphasis on vegetables and fresh ingredients, the book contains 125 approachable and flavorful recipes, such as summer tomatoes topped with crispy okra, flakey buttermilk biscuits with ginger-spiked jam, and sweet Atlantic shrimp poached with beer, citrus, and bay leaves. This beautifully photographed book also shows us how to enjoy iconic southern meals, everything from an oyster roast, to a fish fry, to a Low Country boil. The *Saltwater Table* transports readers to the mysterious, lush Cumberland Island, allowing us to recreate a taste of this vibrant world in our own kitchens. “The book shines when it digs deep into the region’s briny history and puts a spin on it, like with this paella featuring shrimp, flaky fish, littleneck clams, and Carolina Gold rice.” —Grub Street “Otwaka’s cooking is approachable and meant to be shared—this is a book you could dive into right away, relying mostly on pantry staples. It’s also one of the most beautiful books to be released this year.” —Epicurious

Island life seems perfect - until the tides bring danger... In the third book of the Westcott Bay series, Jade finally gets to catch her breath after her divorce from Brandon. Or so she thinks - just as she starts piecing her life back together, she becomes the victim of a bizarre string of crimes on San Juan Island. There is a bright side, though. Matthew takes on the task of finding whoever is targeting her, which forces them to spend more time together. And after months of their mutual shyness keeping them apart, he starts to feel like he might actually have a chance. But just when it seems like he could make his move, someone from his past shows up and makes him question everything. When things heat up, will Jade have the courage to face her attacker - and the confidence to take on her competition? Get your copy today and unravel the secrets of San Juan Island!

On 21 March 2017, Associate Professor Teresia Kieuea Teaiwa passed away at the age of forty-eight. News of Teaiwa's death precipitated an extraordinary outpouring of grief unmatched in the Pacific studies community since Epeli Hau'ofa's passing in 2009. Mourners referenced Teaiwa's nurturing interactions with numerous students and colleagues, her innovative program building at Victoria University of Wellington, her inspiring presence at numerous conferences around the globe, her feminist and political activism, her poetry, her Banaban/I-Kiribati/Fiji Islander and African American heritage, and her extraordinary ability to connect and communicate with people of all backgrounds. This volume features a selection of Teaiwa's scholarly and creative contributions captured in print over a professional career cut short at the height of her productivity. The collection honors her legacy in various scholarly fields, including Pacific studies, Indigenous studies, literary studies, security studies, and gender studies, and on topics ranging from militarism and tourism to politics and pedagogy. It also includes examples of Teaiwa's poems. Many of these contributions have had significant and lasting impacts. Teaiwa's "bikinis and other s/pacific notions," published in *The Contemporary Pacific* in 1995, could be regarded as her breakthrough piece, attracting considerable attention at the time and still cited regularly today. With its innovative two-column format and reflective commentary, "Lo(o)sing the Edge," part of a special issue of *The Contemporary Pacific* in 2001, had similar impact. Teaiwa's writings about what she dubbed "militourism," and more recent work on militarization and gender, continue to be very influential. Perhaps her most significant contribution was to Pacific studies itself, an emerging interdisciplinary field of study with distinctive goals and characteristics. In several important journal articles and book chapters reproduced here, Teaiwa helped define the essential elements of Pacific studies and proposed teaching and learning strategies appropriate for the field. *Sweat and Salt Water* includes fifteen of Teaiwa's most influential pieces and four poems organized into three categories: Pacific Studies, Militarism and Gender, and Native Reflections. A foreword by Sean Mallon, Teaiwa's spouse, is followed by a short introduction by the volume's editors. A comprehensive bibliography of Teaiwa's published work is also included.

Full Moon Suppers at Salt Water Farm invites you to a series of magical, seasonal suppers where dear friends gather around a farm table to celebrate the bounty that the land and sea provide. This menu-driven cookbook offers twelve

beautifully crafted meals derived from more than one hundred sold-out evening events at Salt Water Farm, the author's cooking school in Maine. Even if you can't make it to one of Annemarie's monthly Full Moon Suppers, you can re-create them at home, beneath a full moon—or any night—for family and friends. Each supper includes a portrait of the month: its climate, its rewards, and its ritual kitchen tasks—and a menu inspired by those characteristics. A Full Moon Supper is not only a celebration of the earth and its bounty but a reward for the hard work that goes into food production. These meals pay respect to the elements, the conditions of the earth, soil, and sea, and seasonal traditions as we round the lunar cycle.

Don Small's tales are full of salty, down-to-earth characters, some real, some fictional, circa 1950. Enjoy a journey back to a simpler time to the coastal Maine town of Castine where people go about their daily lives facing challenges and celebrating joys just as we do today. Illustrated with period photographs.

Water management runs in the blood of the Dutch. Draining the Netherlands and keeping it dry is a process they started centuries ago and continue to this day. But will this still suffice? In the project Sweet & Salt (book and exhibition) author and journalist Tracy Metz and curator Maartje van den Heuvel demonstrate, in text and images, how the Netherlands shapes its evolving relationship with water. The sea level is rising, rivers are swelling, there is more rain, there are more storms and sometimes there's a drought. There is a growing awareness that not just dikes and dams but natural processes too play a significant role in our security. This is the greatest challenge currently facing Dutch designers. There is also increasing attention given to the aesthetics of the water landscape being designed.

Peter Bush, winner of the Ramon Llull Prize for Literary Translation, brings to English this most prolific and influential of Catalan writers. Dripping with a panache that can turn in a comic instant to the most conciliatory humility, Josep Pla's foray into the land and sea most familiar to him will plunge readers head-first into its mysterious (and often tasty!) depths. Here are adventures and shipwrecks, raspy storytellers and the fishy meals that sustain them. After describing the process of beating an octopus with branches to soften up its flesh, Pla writes, "These are dishes that must be seen as a last resort." Pla inflects the mundane with the hidden rhythms of power sculpting culture, so that a hot supper is never just food--it embodies economic precarity and environmental erosion along with its own peculiar flavor. A lifetime of reporting on current events gave Pla the necessary skills to describe the world in all its gritty, funny, invigorating detail.

On Quinipeague, hearts open under the summer stars and secrets float in the Sweet Salt Air... Charlotte and Nicole were once the best of friends, spending summers together in Nicole's coastal island house off of Maine. But many years, and many secrets, have kept the women apart. A successful travel writer, single Charlotte lives on the road, while Nicole, a food blogger, keeps house in Philadelphia with her surgeon-husband, Julian. When Nicole is commissioned to write a book about island food, she invites her old friend Charlotte back to Quinipeague, for a final summer, to help. Outgoing and passionate, Charlotte has a gift for talking to people and making friends, and Nicole could use her expertise for interviews with locals. Missing a genuine connection, Charlotte agrees. But what both women don't know is that they are each holding something back that may change their lives forever. For Nicole, what comes to light could destroy her marriage, but it could also save her husband. For Charlotte, the truth could cost her Nicole's friendship, but could also free her to love again. And her chance may lie with a reclusive local man, with a heart to soothe and troubles of his own. Bestselling author and master storyteller Barbara Delinsky invites you come away to Quinipeague...

Lights, camera...romance! Now that Connor is home on San Juan Island, he knows it's time to give up his carefree lifestyle and put down some roots. But then he meets a Hollywood-bound beauty and starts to question everything... Teresa has only one goal. She will succeed as a location scout for her first big-time film. Falling for the distractingly handsome Connor was not on her agenda. Oops... When disturbing secrets that could ruin the movie-and Teresa's career-come to light, will Connor do the right thing and risk losing the love of his life? And more importantly, if he does, will Teresa be able to open her heart enough to trust what he has to say? Saltwater Falls, book 5 in the Westcott Bay series, is a sweet women's fiction story that features a hint of danger, a guaranteed happily ever after, and the kind of true love that can always be found on San Juan Island. Buy your copy today and get ready to do some serious binge reading!

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