

The Washington Manual Internship Survival Guide

"Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized loose-leaf is created in the style of Pocket Medicine by providing key clinical data for students and residents and focuses on patient care in the outpatient setting. Pocket Primary Care is a handy summary of key clinical information designed to form the basis of an individual's pocket notebook or to be integrated into one's own notebook. Includes areas of: preventive medicine, cardiovascular, dermatology, endocrine, gastrointestinal, hematology, infectious disease, musculoskeletal, neurology, ophthalmology/ ENT, psychiatry/social, pulmonary, renal/urology, special populations, women's health, men's health, and geriatric"--Provided by publisher.

2017-2018 update. This little booklet has been fully revised this year. Two overlapped sections ("Additional things for admission order" and "floor orders") are finally combined. Some redundant sections are removed based on the feedback we received. More management sections (such as managing acute alcohol intoxication, sepsis, renal failure, etc) are added. New section on "Introduction to Cardiology Procedures" is added. All the sections are edited and at least one-third of the book has changed. The sole purpose of this booklet is to help new interns in the beginning of the year. It is mostly focused on inpatient medicine and ICU rotations - how to handle the most common floor calls, such as chest pain, uncontrolled HTN, vomiting and to help guide

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running RRT/ Code Blue. With advances in technology such as widespread use of electronic medical records, this booklet has been electronically formatted to meet the demands of dynamic medical system. We hope this booklet will make your intern year less stressful, so that you can focus on learning, the decision making process, and ultimately, better patient care.

Written by Washington University residents, fellows, and endocrine faculty, this handbook is ideal for students, housestaff, and fellows involved in inpatient and outpatient endocrinology consults. It presents practical approaches to endocrine disorders commonly seen in consultation, with emphasis on key components of evaluation and treatment. This Second Edition has been thoroughly updated with the latest information on pathophysiology, treatment, and drug dosing. New chapters cover obesity, vitamin D deficiency, autoimmune polyendocrine syndromes, and endocrine disorders in HIV/AIDS. Key points are bulleted for easy reference and clinical pearls are highlighted in bold-faced type. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

A very practical collection of frequently used clinical reference material, largely in chart format: History and Physical, Differential Diagnosis, Admission and Discharge Orders, Surgical Orders, Lab Values, Organ Systems, Nutrition, Radiology, Suturing, Infectious Agents, Antibiotics and Other Drugs, Herbal Remedies, Preventive Medicine screening,

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Spanish phrases, ACLS and Shock, and "Notes" pgs., for the medical student, intern, resident, nurse, PA and EMT. Easily fits into one's pocket.

Established for over 40 years as the bible of the medical ward, this work is now updated with even more of the current information practitioners need, delivered in a timesaving, quick-reference style. This spiral-bound edition has a two-color design, color tabs for sections, and additional algorithms for diagnosis and treatment.

Prepared by residents, fellows, and attending physicians, this handbook is a practical guide to the general internal medicine consult. The content is based on the top 25 most common general internal medicine consults as seen by the hospitalist. The focus is on management issues, with additional material on the perioperative care of the patient with a medical condition. Clinical evidence is presented along with the official guidelines advocated by major medical organizations. This Second Edition is completely revised and updated. Illustrations have been added, and key points about diagnosis and management have been bulleted for easy reference. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

Discover why housestaff and faculty worldwide depend on this best-selling medical text – both in print and eBook format! Concise, user-friendly, and now available with a handy spiral binding, The Washington Manual® of Medical Therapeutics, 35th Edition,

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focuses on the essential information you need to know for successful patient care. Written by residents who are assisted by faculty co-authors and an outstanding editorial team, this must-have reference presents brief, logical approaches to diagnosis and management of commonly encountered medical conditions, including new therapies that improve patient outcomes. Thoroughly updated throughout, the 35th Edition provides a clear view of the challenges faced by residents, interns, medical students, and other practitioners, plus offers practical solutions, and expert guidance – all in one convenient and easily accessible source. Features: New spiral binding allows The Manual to lie flat for easy, hands-free access. Thoroughly updated to reflect the increasing and ever-changing advances in medical technology and therapeutics. Comprehensive coverage addresses all areas of medicine and the core subspecialties, including neurology and toxicology content available online. Concise, practical format features a brief discussion of pathophysiology, an evidence-based presentation of current therapies, and need-to-know diagnostic and therapeutic guidance from global experts. Easy-to-follow guidelines, diagrams, and algorithms assist in the diagnosis, investigation, and management of frequently encountered medical conditions. Edited by Internal Medicine Chief Residents from the Washington University School of Medicine and Barnes-Jewish Hospital in St. Louis. Established for more than 75 years, The Washington Manual of Medical Therapeutics, 36th Edition , provides concise, high-yield content that reflects today's fast-changing

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advances in medical technology and therapeutics. In one convenient, portable resource, you'll find complete coverage of every area of medicine and the core subspecialties—all at your fingertips for quick review and reference. Discover why housestaff and faculty worldwide depend on this best-selling resource for day-to-day clinical practice in internal medicine.

Injury is an increasingly significant health problem throughout the world, accounting for 16 per cent of the global burden of disease. The public health burden of death and disability from injury is particularly notable in low and middle income countries. These guidelines seek to establish practical and affordable standards applicable to injury or trauma care worldwide, whether in rural health posts, small hospitals, hospitals staffed by specialists or tertiary care centres. It sets out a list of key trauma treatment services designed to be achievable in all settings, and defines the various human and physical resources required. It also includes a number of recommendations for methods to promote such standards including training, performance improvement, trauma team organisation and hospital inspection.

The first medical specialty selection guide written by residents for students! Provides an inside look at the issues surrounding medical specialty selection, blending first-hand knowledge with useful facts and statistics, such as salary information, employment data, and match statistics. Focuses on all the major specialties and features firsthand portrayals of each by current residents. Also includes a guide to personality characteristics that are predominate with practitioners of each specialty. "A terrific mixture of objective information as well as factual data make this book an easy, informative, and interesting read." --Review from a 4th year

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Medical Student

This small pocket book contains all the essentials that every resident needs to know from day one on the wards. It presents practical, must-have information from the front lines of the wards in an easy-to-use quick reference format.

Revised and updated by faculty members and residents of the Department of Surgery at one of the world's top surgical training programs, The Washington Manual of Surgery, Sixth Edition, presents a concise, rational approach to the management of patients with surgical conditions. This portable, full-color text is written in a user-friendly, outline format to ensure fast access and a practical approach to the management of patients with surgical problems. Each topic covers the most important and up-to-date diagnostic and treatment information to help maximize your clinical decision-making skills.

Prepared by residents and attending physicians at Massachusetts General Hospital, this pocket-sized looseleaf is one of the best-selling references for medical students, interns, and residents on the wards and candidates reviewing for internal medicine board exams. In bulleted lists, tables, and algorithms, Pocket Medicine provides key clinical information about common problems in internal medicine, cardiology, pulmonary medicine, gastroenterology, nephrology, hematology-oncology, infectious diseases, endocrinology, and rheumatology. This Fifth Edition is fully updated and includes a sixteen-page color insert with key and classic abnormal images. If you purchased a copy of Sabatine: Pocket Medicine 5e, ISBN 978-1-4511-8237-8, please make note of the following important correction on page 1-36: Oral anticoagulation (Chest 2012;141:e531S; EHJ 2012;33:2719; Circ 2013;127:1916) All valvular AF as stroke risk very high Nonvalv. AF: stroke risk ~4.5%/y; anticoag @ 68% - stroke; use a

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risk score to guide Rx: CHADS₂: CHF (1 point), HTN (1), Age =75 y (1), DM (1), prior Stroke/TIA (2) CHA₂DS₂-VASc: adds 65+74 y (1) =75 y (2), vasc dis. [MI, Ao plaque, or PAD (1)]; ? (1) score ³² ® anticoag; score 1 ® consider anticoag or ASA (? latter reasonable if risk factor age 65-74 y, vasc dis. or ?); antithrombotic Rx even if rhythm control [SCORE CORRECTED] Rx options: factor Xa or direct thrombin inhib (non-valv only; no monitoring required) or warfarin (INR 2-3; w/ UFH bridge if high risk of stroke); if Pt refuses anticoag, consider ASA + clopi or, even less effective, ASA alone (NEJM 2009;360:2066) Please make note of this correction in your copy of Sabatine: Pocket Medicine 5e immediately and contact LWW,,'s Customer Service Department at 1.800.638.3030 or 1.301.223.2300 so that you may be issued a corrected page 1-36. You may also download a PDF of page 1-36 by clicking [HERE](#). All copies of Pocket Medicine, 5e with the ISBN: 978-1-4511-9378-7 include this correction.

Internal Medicine: Intern Survival guide is not just for interns, but essential for all primary care providers! The second edition has been updated through 7/2018 with the most current, evidence-based approaches to caring for major conditions commonly seen in patients in both the inpatient and outpatient environments.

Written by residents and interns at Washington University, this small pocket book contains all the essentials that every intern needs to know from day 1 on the wards. It presents practical, must-have information, from the front lines of the wards, in an easy-to-use, quick-reference format. The book brings together, in one condensed source, all the most important pearls from other manuals--including ACLS algorithms, useful formulas, patient notes, top ten workups, common calls/complaints, and key points on the most common problems. Content includes

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vital pointers on what not to miss, when to refer/call for help, triage, cross-covering, and tricks of the trade. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

"As an intern you will encounter many new challenges. These will range from very simple to most complex. Please remember that you have acquired the tools to address this adversity. And, even when you feel most overwhelmed, you are undoubtedly surrounded by a wealth of available resources that include ancillary and nursing staff, fellow interns, senior residents and attending physicians. Although the year ahead of you may now seem long and daunting, your tasks (other than survival) are quite achievable. The following competencies/milestones were copied from the curriculum for the in-patient general medicine rotation for the internship program at Washington University School of Medicine and Barnes-Jewish Hospital. You can see that not only are the objectives quite simple, but your rigorous work in medical school has well prepared you to master many of your goals. Throughout the year, use these objectives as a checklist to remind yourself of your accomplishments and to guide your learning in potential areas of weakness. - Patient care: o Gather accurate information about patients, including performing a thorough history and physical examination. o Synthesize data into a prioritized problem list and differential diagnosis, and then formulate diagnostic and therapeutic plans. o Prioritize each day's work. o Know the indications, contraindications, and risks of some invasive procedures and competently perform some invasive procedures"--Provided by publisher.

A concise guide to the process from architectural education to internship and career

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development. It also covers issues related to obtaining a first professional job after graduation, and the various questions and problems involved in going from education to practice.

Here's an extremely handy pocket reference to assist the student, resident, house officer, and busy hospitalist address issues related to the 20 most common disorders seen in the inpatient setting. This brief, small-sized handbook offers you evidence-based information presented in an easy to reference, consistently presented outline and table format. Problem based for quick solutions in diagnosis and therapy in the limited timeframe typical of seeing patients on the wards. Provides a brief presentation of 20 most common inpatient disorders. Provides reliable diagnosis and treatment options with evidence based recommendations. Handy, pocket book that takes up minimal pocket real estate.

Washington Manual® Internship Survival Guide Lippincott Williams & Wilkins

Now in vibrant full color, Manual of Orthopaedics, Eighth Edition, provides the must-know information you need to diagnose and treat musculoskeletal injuries and diseases with confidence. This quick-reference manual has been completely updated and revised to include content particularly valuable for orthopaedic physician assistants, while retaining key information for orthopaedic residents and nurse practitioners, primary care physicians, and orthopaedic providers in all practice environments.

Publisher's Note: Products purchased from 3rd Party sellers are not guaranteed by the Publisher for quality, authenticity, or access to any online entitlements included with the product. Introducing an innovative, systematic approach to understanding differential diagnosis, Frameworks for Internal Medicine helps students learn to think like physicians and master the methodology behind diagnosing the most commonly encountered conditions in

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internal medicine.

ARE YOU READY? GET RESIDENT READY. Inspired by the Southern Illinois University School of Medicine's popular course, *Resident Readiness: Internal Medicine* prepares you for success during your medical internship. Inside is a full range of clinical scenarios you may experience during your internal medicine residency, supported by comprehension questions with detailed answer explanations and tips to remember. You will also learn the clinical problem-solving process so you can think quickly on your feet, especially when time is critical. With the book's step-by-step guidance, you will gain the confidence you need to perform at your best on Day One of your residency. Beyond treating your patient, *Resident Readiness* prepares you to Deal successfully with emergencies on the floor Safely hand off patients Handle call Discharge and follow up with your patients Smooth your transition and be ready for residency Case-based approach brings your readiness to the next level Targets what you really need to know to care for patients on day one

Geared to primary care practitioners, *The Washington Manual® of Outpatient Internal Medicine* focuses on common ambulatory medical problems encountered in each medical subspecialty. The book has a quick-reference format similar to *The Washington Manual® of Medical Therapeutics*, with a standard chapter template, a bulleted style, numerous tables and figures, and a two-color design. All chapters are written by house staff and faculty at Barnes-Jewish Hospital and Washington University School of Medicine. Coverage includes the traditional internal medicine subspecialties and other areas where problems are frequently seen in the ambulatory setting, such as dermatology, neurology, ophthalmology, otolaryngology, and psychiatry. Most subspecialties have separate symptom- and disease-based chapters. The

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Written by Washington University house staff and faculty, this pocket guide is a quick reference for the hospital practice of psychiatric medicine in the inpatient psychiatric, consultation, and emergency settings. Each section addresses the most frequently encountered problems in these clinical settings and offers practical suggestions on how to obtain information, generate reasonable differential diagnoses, discriminate among diagnoses, and document clinical decisions. The book includes "Style Pointer" sections on patient interview skills and ED Rounds that outline clinical reasoning algorithms in the emergency setting. Class Notes sections explain how to concisely and thoroughly document patient encounters, emphasizing difficult medical-legal situations. The Washington Manual® Psychiatry Survival Guide is also available electronically for handheld computers. See PDA listing for details. The Washington Manual® is a registered mark belonging to Washington University in St. Louis to which international legal protection applies. The mark is used in this publication by LWW under license from Washington University.

If you or someone you love is struggling with borderline personality disorder (BPD), you need up-to-date, accurate, and accessible information on the problems you're facing and where you can turn for help. But where do you look? Much of the professional literature on BPD is too technical and confusing to be of much help. And searching the Internet for accurate information can be treacherous, with some sites providing useful information and others giving dangerous advice and misinformation. If you're living with BPD, this compassionate book offers what you

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really need: an easy-to-follow road map to guide you through this disorder and its treatment. This book provides answers to many of the questions you might have about BPD: What is BPD? How long does it last? What other problems co-occur with BPD? Overviews of what we currently know about BPD make up the first section of the book. Later chapters cover several common treatment approaches to BPD: DBT, mentalization-based treatment (MBT), and medication treatments. In the last sections of the book, you'll learn a range of useful coping skills that can help you manage your emotions, deal with suicidal thoughts, and cope with some of the most distressing symptoms of BPD. This book has been awarded The Association for Behavioral and Cognitive Therapies Self-Help Seal of Merit — an award bestowed on outstanding self-help books that are consistent with cognitive behavioral therapy (CBT) principles and that incorporate scientifically tested strategies for overcoming mental health difficulties. Used alone or in conjunction with therapy, our books offer powerful tools readers can use to jump-start changes in their lives.

If your dog has cancer, you need this book. No matter what you've heard, there are always steps you can take to help your dog fight (and even beat) cancer. This scientifically researched guide is your complete reference for practical, evidence-based strategies that can optimize the life quality and longevity for your dog. No matter what diagnosis or stage of cancer your dog has, this book is packed with precious advice that can help now. Discover the Full Spectrum approach to dog cancer care: * Everything you need to know about conventional western veterinary treatments (surgery, chemotherapy and radiation) including how to reduce their side effects. * The most effective non-conventional options, including botanical nutraceuticals, supplements, nutrition, and mind-body medicine. * How to analyze the options and develop a

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specific plan for your own dog based on your dog's type of cancer, your dog's age, your financial and time budget, your personality, and many other personal factors. Imagine looking back at this time in your life, five years from now, and having not a single regret. You can help your dog fight cancer and you can honor your dog's life by living each moment to the fullest, starting now. This book can help you as it has helped thousands of other dog lovers. The Authors Dr. Demian Dressler, DVM practices in Hawaii and is internationally recognized as the dog cancer vet and blogs at DogCancerBlog.com. Dr. Susan Ettinger, DVM is a veterinary oncologist and a diplomate of the American College of Internal Medicine who practices in New York. Praise from Veterinarians, Authors & Book Reviewers The future is upon us and this ground-breaking book is a vital cornerstone. In dealing with cancer, our worst illness, this Survival Guide is educational, logical, expansive, embracing, honest and so needed. Dr. Marty Goldstein, DVM Holistic veterinarian and Host, Ask Martha Stewart's Vet on Sirius Radio The message of this book jumps off the written page and into the heart of every reader, and will become the at home bible for cancer care of dogs. The authors have given you a sensible and systematic approach that practicing veterinarians will cherish. I found the book inspiring and, clearly, it will become part of my daily approach to cancer therapy for my own patients. Dr. Robert B. Cohen, VMD Bay Street Animal Hospital, New York I wish that I had had The Dog Cancer Survival Guide when my dearly beloved Flat-coated Retriever, Odin, contracted cancer. It would have provided me alternative courses of action, as well as some well needed reality checks which were not available from conversations with my veterinarian. It should be on every dog owner's book shelf--just in case... Dr. Stanley Coren, PhD, FRSC author of many books, including Born to Bark A comprehensive guide that distills both alternative and

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allopathic cancer treatments in dogs...With the overwhelming amount of conflicting information about cancer prevention and treatment, this book provides a pet owner with an easy to follow approach to one of the most serious diseases in animals. Dr. Barbara Royal, DVM The Royal Treatment Veterinary Center, Oprah Winfrey's Chicago veterinarian Picking up The Dog Cancer Survival Guide is anything but a downer: it's an 'empowerer.' It will make you feel like the best medical advocate for your dog. It covers canine cancer topics to an unprecedented depth and breadth from emotional coping strategies to prevention-in plain English. Read this book, and you will understand cancer stages, treatment options, and types, and much more. If you have just had the dreaded news, pick up a copy and it will guide the decisions your dog trusts you to make. Laure-Anne Visele Dog behavior specialist and technical dog writer, CanisBonus.com

"One of the themes of the book is how to have a fulfilling professional life. In order to achieve this goal, Krantz discusses keeping a vigorous scholarly program going and finding new challenges, as well as dealing with the everyday tasks of research, teaching, and administration." "In short, this is a survival manual for the professional mathematician - both in academics and in industry and government agencies. It is a sequel to the author's A Mathematician's Survival Guide."--BOOK JACKET.

This best-selling resource provides a general overview and basic information for all adult intensive care units. The material is presented in a brief and quick-access format which allows for topic and exam review. It provides enough detailed and specific information to address most all questions and problems that arise in the ICU. Emphasis on fundamental principles in the text should prove useful for patient care outside the ICU as well. New chapters in this

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edition include hyperthermia and hypothermia syndromes; infection control in the ICU; and severe airflow obstruction. Sections have been reorganized and consolidated when appropriate to reinforce concepts.

Concise, portable, and user-friendly, The Washington Manual® General Internal Medicine Consult, Third Edition, provides quick access to the essential information needed when performing an inpatient consult. Chapters are organized around presenting symptom (e.g., approach to nausea, approach to low back pain), allowing quick look-up of differential diagnosis and management. Ideal for medical students, residents, and practitioners, the manual is also useful as a quick-reference guide for practicing hospitalists.

This 4th edition of The Washington Manual Internship Survival Guide contains all the essential information needed for a successful internship. Designed to help residents improve their skills from their very first day on the wards, this pocket-size reference book offers practical medical advice for the top 10 workups and common calls and complaints residents will encounter during their rotations, including key history, what not to miss, and when to call for help.

The Washington Manual® Pediatrics Survival Guide encapsulates the critical knowledge essential for a successful pediatric residency. The book includes chapters on "floor" survival, writing prescriptions, calculating IV fluids and feeds, laboratory reference values, and formulary information. A chapter on adolescent medicine addresses topics such as STDs, eating disorders, and suicide.

This survival guide provides all the information that is essential for a surgical internship, including daily routine, rounds, chart reviews, preoperative and postoperative care, operating room conduct, radiology, critical care, and interaction with families, colleagues, and allied

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health professionals. Comprehensive sections on common problems in general surgery, neurosurgery, orthopaedic surgery, urology, and plastic surgery present evaluation, diagnostic testing, and treatment in an easy-to-follow format. Other chapters cover crashing patients, tubes and drains, bleeding, codes, and nutrition.

The Washington Manual of Critical Care is a concise pocket manual for physicians and nurses. It is distinguished from the multitude of other critical care handbooks on the market by its consistent presentation of algorithms displaying the decision-making pathways used in evaluating and treating disorders in the ICU. The new edition transitions to a full color format and will include coverage of Deep Venous Thrombosis/Pulmonary Embolism, fetal-maternal critical care, C difficile infection, and alternative hemodynamic monitoring.

#1 NEW YORK TIMES BESTSELLER • PULITZER PRIZE FINALIST • This inspiring, exquisitely observed memoir finds hope and beauty in the face of insurmountable odds as an idealistic young neurosurgeon attempts to answer the question What makes a life worth living? NAMED ONE OF PASTE'S BEST MEMOIRS OF THE DECADE • NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The New York Times Book Review • People • NPR • The Washington Post • Slate • Harper's Bazaar • Time Out New York • Publishers Weekly • BookPage Finalist for the PEN Center USA Literary Award in Creative Nonfiction and the Books for a Better Life Award in Inspirational Memoir At the age of thirty-six, on the verge of completing a decade's worth of training

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as a neurosurgeon, Paul Kalanithi was diagnosed with stage IV lung cancer. One day he was a doctor treating the dying, and the next he was a patient struggling to live. And just like that, the future he and his wife had imagined evaporated. When *Breath Becomes Air* chronicles Kalanithi's transformation from a naïve medical student "possessed," as he wrote, "by the question of what, given that all organisms die, makes a virtuous and meaningful life" into a neurosurgeon at Stanford working in the brain, the most critical place for human identity, and finally into a patient and new father confronting his own mortality. What makes life worth living in the face of death? What do you do when the future, no longer a ladder toward your goals in life, flattens out into a perpetual present? What does it mean to have a child, to nurture a new life as another fades away? These are some of the questions Kalanithi wrestles with in this profoundly moving, exquisitely observed memoir. Paul Kalanithi died in March 2015, while working on this book, yet his words live on as a guide and a gift to us all. "I began to realize that coming face to face with my own mortality, in a sense, had changed nothing and everything," he wrote. "Seven words from Samuel Beckett began to repeat in my head: 'I can't go on. I'll go on.'" *When Breath Becomes Air* is an unforgettable, life-affirming reflection on the challenge of facing death and on the relationship between doctor and patient, from a brilliant writer who became both.

"This manual is written assuming knowledge of pathophysiology and data interpretation. The target audience is primarily those beginning their internship, but this

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guide may be useful for medical students, residents, and anyone else on the front lines of patient care"--

A one-stop shop for many of the questions and concerns that cadets and junior officers have as they enter a career in the U.S. Army, the *New Army Officer's Survival Guide: Cadet to Commission through Command* is the advice-equivalent to a double espresso for junior Army officers; it's simple, it doesn't take long to get through, and it provides results. *New Army Officer's Survival Guide: Cadet to Commission through Command* comprises advice gained from the author's first-hand experiences in two separate Company Commands totaling over forty-one months paired with current Army resources and doctrine. Floeter covers many lessons that most officers learn the hard way as a means to help junior officers succeed. *New Army Officer's Survival Guide: Cadet to Commission through Command* provides an overview of Army ROTC, a detailed walkthrough of skills needed by Junior Officers across the Army, and a consideration of the intangible measures of successful Commanders, explaining techniques and possible leadership styles or methods to utilize in common situations. It wraps up with four Annexes: Useful gear for the field and office; officer branch and Basic Officer Leader Course information; common acronyms and phrases, and a list of each Punitive Article of the UCMJ. Levi J. Floeter combines dozens of resources into a single easily-readable volume that a cadet or junior officer can carry with them for reference. Floeter's crisp and clear writing style makes this book a great complement

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current to Army doctrine and regulations.

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